

West Of Greystone

COPPER KNOB
STEPSHEETS

拍數: 44 牆數: 1 級數: Beginner
編舞者: Birgit Sommerset
音樂: I Feel Bad - Dean Miller



FORWARD HEEL TOUCHES RIGHT & LEFT, SYNCOPATED VINE RIGHT

1-2 Touch right heel forward, step right beside left
3-4 Touch left heel forward, step left beside right
5-6 Step right to right, step left behind right
&7-8 Step right to right, cross left over right, step right to right

BACK ROCK, SYNCOPATED VINE LEFT, BACK ROCK

1-2 Rock back on left, recover on right
3-4 Step left to left, step right behind left
&5-6 Step left to left, cross right over left, step left to left
7-8 Rock back on right, recover on left

RIGHT HEEL HOOK, RIGHT SHUFFLE, LEFT HEEL HOOK, LEFT SHUFFLE

1-2 Touch right heel forward, hook right heel over left foot below knee
3&4 Shuffle forward, right, left, right
5-6 Touch left heel forward, hook left heel over right foot below knee
7&8 Shuffle forward, left, right, left

JAZZ BOX TURN ¼ RIGHT TWICE

1-2 Cross right over left, step left back
3-4 Step right making ¼ turn right, step left beside right
5-6 Cross right over left, step left back
7-8 Step right making ¼ turn right, step left beside right

2X KICK BALL CHANGE RIGHT WITH CLAP, SHUFFLE RIGHT, LEFT

1&2 Kick right forward, replace weight onto right, step left in place and clap
3&4 Kick right forward, replace weight onto right, step left in place and clap
5&6 Shuffle forward, right, left, right
7&8 Shuffle forward, left, right, left

STEP - PIVOT, RIGHT SHUFFLE, FORWARD ROCK, COASTER STEP

1-2 Step forward right and turn ½ left
3&4 Shuffle forward, right, left, right
5-6 Rock forward on left, recover on right
7&8 Step back left, step right next to left, step forward left

REPEAT
