

West Coast Shuffle (P)

拍數: 48 牆數: 0 級數: Partner
編舞者: Diane Jackson (UK)
音樂: I've Got My Baby on My Mind - David Ball



SHUFFLES X 4

1&2 Left shuffle forward
3&4 Right shuffle forward
5&6 Left shuffle forward
7&8 Right shuffle forward

LEFT VINE, TOUCH, RIGHT VINE, TOUCH

9-12 Step left to left side, right behind left, left to left side, touch right
13-16 Step right to right side, left behind right, right to right side, touch left

STEP ¼ TOUCH, STEP ¼ TOUCH, TWICE

17-18 Step forward on left turning ¼ turn right OLOD touch right behind left
Extend arms for style, man behind lady
19-20 Step back on right turning ¼ left LOD touch left next to right (side by side)
21-24 Repeat 17-20

STEP PIVOT ½, SHUFFLE, STEP PIVOT ½ SHUFFLE

25-26 Step forward on left, pivot ½ turn right
27&28 Left shuffle forward
29-30 Step forward on right, pivot ½ turn left
31&32 Right shuffle forward

¼ TURN LEFT VINE TOUCH, STEP TOUCH, STEP TOUCH

33-34 Step forward on left turning ¼ turn right OLOD, right behind left (man behind lady)
35-36 Step left to left side, touch right next to left
37-38 Step forward on right, touch left next to right
39-40 Step back on left touch right next to left

¼ TURN, TOUCH, STEP KICK, WALK BACK, TOUCH

41-42 Step back on right, turning ¼ turn left into LOD, touch left next to right (back in side by side)
43-44 Step forward on left, kick right forward
45-48 Walk backward right left right, touch left next to right

REPEAT
