

West Coast Lambada (P)

COPPERKNOB
STEPPERS

拍數: 32 牆數: 0 級數: Partner
編舞者: Fred Rapoport (USA)
音樂: No One Else On Earth - Wynonna



Position: Man and lady start in double open handhold position Couples must all face the same direction and can place themselves anywhere on the dance floor

BRING INTO WRAP

1-4 **MAN:** Step in place (left-right-left-right) turning your partner inside, under left arm into wrap (cuddle) position, directly in front of you
LADY: Begin $\frac{1}{2}$ turn to the left under partner's left arm, stepping forward right, turning left, right, and touch right, finishing in wrap (cuddle) position (your back against your partner's chest)

LAMBADA

05-06 Roll hips as you step left in place, touch right
07-08 Roll hips as you step right in place, touch left
09-10 Roll hips as you step left in place, touch right
11-12 Roll hips as you step right in place, touch left

BELT-LOOP TURN

13-16 **MAN:** Begin full turn to the left, first releasing partner's left hand and bringing her right hand to your waist, turning left, right, releasing her other hand, turning left, right, and putting her into a very closed dance position
LADY: Complete $\frac{1}{2}$ turn to the left, sliding right arm around partner's waist, turning left-right-left, touch right, facing partner in a very closed dance position

LAMBADA

17-18 **MAN:** Roll hips as you step left in place, touch right
LADY: Roll hips as you step right in place, touch left
19-20 **MAN:** Roll hips as you step right in place, touch left
LADY: Roll hips as you step left in place, touch right
21-22 **MAN:** Roll hips as you step left in place, touch right
LADY: Roll hips as you step right in place, touch left
23-24 **MAN:** Roll hips as you step right in place, touch left
LADY: Roll hips as you step left in place, touch right

left-SIDE PASS

25-26 **MAN:** Step back left, right
LADY: Step back right, left
27-28 **MAN:** Step back diagonally to right (left, right), pivoting $\frac{1}{4}$ to the left, keeping partner's right hand in your left, extended at waist level
LADY: Step forward right, left, passing in front of partner
29&30 **MAN:** Shuffle forward left-right-left, beginning $\frac{1}{4}$ turn to the left, keeping partner's right hand at waist level
LADY: Shuffle forward, beginning $\frac{1}{2}$ turn to the left, right-left-right
31&32 **MAN:** Shuffle in place right-left-right, picking up partner's left hand in your right
LADY: Complete $\frac{1}{2}$ turn to the left, shuffling left-right-left, picking up partner's right hand in your left

REPEAT
