

West Coast Cha

COPPER **KNOB**
BY STEPSHEETS

拍數: 64 牆數: 2 級數: Advanced mixed rhythm
編舞者: Frank Cooper (CAN) & Liz Bogan (USA)
音樂: One By One - Cher



STEP OVER, STEP SIDE, STEP BACK, CROSSING SHUFFLE, SYNCOPATED WEAVE, SYNCOPATED TWINKLE ¼ TURN

1-3 Step left foot over right, step right foot to right side, step back on left foot
4&5 Step right foot over left, step left foot to left side, step right foot over left
6&7 Step left foot to left side, step right foot behind left, step left foot to left side
8&9 Step right foot over left, step back on left foot making a ¼ turn right, step right foot beside left

CROSS ROCK & STEP, CROSS ROCK & SYNCOPATED BOX, STEP FORWARD, CHA-CHA FORWARD

10&11 Rock left foot across right, recover onto right foot, step left foot to left side
12&13 Rock right foot across left, recover onto left foot, step right foot to right side
&14 Step left foot beside right, step forward on right foot
15 Step forward on left foot
16&17 Step forward on right foot, bring left foot up to right, step forward on right foot

STEP FORWARD, SIDE ROCK & CROSS ¼ TURN, TRIPLE ½ TURN, WALK, WALK

18 Step forward on left foot
19&20 Rock right foot out to right side making a ¼ turn left, recover onto left foot, step right foot over left
21&22 Step back on left foot making a ¼ turn right, step right foot to right side making a ¼ turn right, step forward on left foot
23-24 Step forward on right foot, step forward on left foot

SIDE ROCK & CROSS ¼ TURN, STEP SIDE, STEP BACK, ROCK STEP, BALL TOUCH FORWARD, PIVOT ½ TURN, POINT TO SIDE

25&26 Rock right foot out to right side making a ¼ turn left, recover onto left foot, step right foot over left
27& Step left foot to left side, step back on right foot
28-29 Rock forward on left foot, recover onto right foot
&30 Step back on left foot, touch right toe forward
31-32 Pivot ½ turn left, dropping weight onto right foot, point left toe to left side

SYNCOPATED WEAVE, SIDE ROCK, SYNCOPATED ROCK BACK & SIDE, COASTER STE

33&34 Step left foot behind right foot, step right foot to right side, step left foot over right
35-36 Rock right foot out to right side, recover onto left foot
37&38& Rock back on right foot, recover onto left foot, rock right foot out to right side, recover onto left foot
39&40 Step back on right foot, step together with left foot, step forward on right foot

SYNCOPATED ROCK FORWARD, TRIPLE ½ TURN, WALK, WALK, & STEP TOGETHER, STEP FORWARD, CHASE ½ TURN

&41 Rock forward on left foot, recover onto right foot
42&43 Triple ½ turn left stepping left, right, left
44-45 Step forward on right foot, step forward on left foot
&46 Step forward on right foot, step left foot next to right, turning body on 45 degree angle to the left
47 Step forward on right foot on a 45 degree angle right, squaring back up to wall

48&49 Step forward on left foot, step together with right foot, making a ½ turn right, step forward on left foot

WALK, WALK, SYNCOPATED WEAVE INTO A ¼ TURN, SYNCOPATED WEAVE ¼ TURN, ROCK & STEP

50-51 Step forward on right foot, step forward on left foot, prepping the toe out to the left

52&53 Step forward on right foot, step left foot over right making a ¼ turn left, step right foot to right side

54&55 Step back on left foot making a ¼ turn left, step right foot over left, step back on left foot

56&57 Rock back on right foot, recover onto left foot, big step to right side on right foot

COASTER STEP, PIVOT ½ TURN, STEP FORWARD, STEP BACK ½ TURN, STEP SIDE ¼ TURN

58&59 Step back on left foot, step together with right foot, step forward on left foot

60-61 Touch right toe forward, pivot ½ turn left, weight ending on left foot

62-64 Step forward on right foot, step back on left foot making a ½ turn right, step right foot to right side making a ¼ turn right

REPEAT
