

Welsh Girl Wiggle

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Francine Johnson (UK)
音樂: Sex Bomb - Tom Jones & Mousse T.



2 X KICK BALL CHANGE, STOMPS & CLAPS

- 1&2 Kick right foot forward, step weight onto ball of right foot, step weight onto left foot next to right
3-4 Stomp right foot forward and clap hands
5-8 Repeat steps 1-4 with left foot leading

¼ MONTEREY TURN TO RIGHT, CHASSE TO RIGHT SHOULDER WIGGLE KNEES BENT

- 9-10 Point right toe to right side, step right heel down, ¼ to right
11-12 Point left toe to left side, close left foot to right foot
13&14 Step right foot small step to right, close left to right, step right foot to right side
15-16 Bending knees, wiggle shoulders back and forward

CHASSE TO LEFT, SHOULDER WIGGLES, ROCK BACK, STEP FORWARD, ½ PIVOT TO LEFT, HOLD

- 17&18 Step left foot small step to left, close right foot to left, step left foot to left side
19-20 Bend knees and wiggle shoulders forward and back
21&22 Rock back on right foot, recover weight onto left, step forward on right foot
23-24 ½ pivot to left, hold for one count

GRAPEVINE TO LEFT WITH SCUFF, GRAPEVINE TO RIGHT WITH SCUFF

- 25-26 Step left foot to left, cross right foot behind left
27-28 Step left foot to left, scuff right foot forward
29-32 Repeat steps 25-28 with right foot leading and moving to the right

CHA-CHA FORWARD, CHA-CHA BACK

- 33&34 Step small step forward on left, close right to left, small step forward on left
35&36 Step small step forward on right, close left to right, small step forward on right
37&38 Small step back on left, close right foot to left, step small step back on left
39&40 Small step back on right, close left foot to right, step small step back on right

TURNING GRAPEVINE TO LEFT AND RIGHT WITH CLAPS

- 41-42 Step left foot ¼ to left, on ball of left ¼ to left, stepping right to right side
43-44 On ball of right foot, ½ turn to left, stepping left to left side, scuff right foot forward and clap hands
45-48 Repeat steps 41-43 but with right foot leading, traveling to right side, count 48 close left foot to right, transferring weight to right leg

SQUATS TO LEFT & RIGHT (OPTIONAL SHIMMY)

- 49-50 Stepping out to left side, center weight to both legs bending the knees, shoulders can shimmy, and a clap can be added
51-52 Close left to right, coming into standing position, hold for one count, balancing weight between feet
53-56 Repeat sequence of steps from 49-52 but in opposite direction right foot lead

RIGHT FORWARD SHUFFLE, STEP FORWARD, HOLD HANDS, PALMS FORWARD SHOULDER HIGH, HOLD TWICE

- 57&58 Step forward on right, close left to right, step forward on right
59-60 Step forward on left, lift hands chest high palms facing forward

61-64

Repeat counts 57-60

REPEAT
