

# We've Got More Bounce

**COPPER KNOB**  
BY STEPHEN HETS

拍數: 32      牆數: 4      級數: Improver west coast swing  
編舞者: Nancy Morgan (USA)  
音樂: More Bounce (In California) - Soul Kid #1



## **SIDE ROCK, BEHIND AND HEEL, STEP-TOGETHER AND HEEL, STEP TOGETHER, DIP AND UP**

1-2      Rock/step right to right side and back on left  
3&4      Step right behind left, step left to left side, put right heel forward  
&5&6      Step right next to left, step left next to right, step right foot back, put left heel forward  
&7      Step left next to right, step right next to left  
&8      Bend both knees slightly as you drop slightly and come back up to full up-right position

## **SIDE ROCK, BEHIND AND HEEL, STEP-TOGETHER AND HEEL, STEP TOGETHER, DIP AND UP**

1-2      Rock/step left to left side and back on right  
3&4      Step left behind right, step right to right side, put left heel forward  
&5&6      Step left next to right, step right next to left, step left foot back, put right heel forward  
&7      Step right next to left, step left next to right  
&8      Bend both knees slightly as you drop slightly and come back up to full up-right position

## **HEEL AND HEEL AND ROCK-FORWARD AND HITCH, HOP 3 TIMES ¼ TURN TO RIGHT, ROCK-STEP FORWARD ON RIGHT AND BACK ON LEFT**

1&2&      Put right heel forward, put right next to left, put left heel forward, put left next to right  
3&4      Rock/step right foot forward and back on left, hitch right foot up  
5&6      Hop on left 3 times as you turn ¼ turn to your right  
7-8      Rock/step forward on right and back on left

## **COASTER STEP, ROCK FORWARD AND BACK, BOUNCE HIPS IN A CIRCLE STARTING ON LEFT HIP**

1&2      Step back on right, step back on left, step forward on right  
3&4      Rock/step forward on left and back on right, put left next to right  
5&6&7&8      Bounce your hip in a circle starting from your left and returning to your left. (stick hips slightly out as if you are cleaning a bowl with your hips as you bounce)

## **REPEAT**

## **TAG**

There is an instrumental section where no-one is singing. After the singer start singing again and you complete the rotation, do this 8 counts:

## **FORWARD ROCK, COASTER STEP, FORWARD ROCK COASTER STEP**

1-2      Rock/step forward on right and back on left  
3&4      Step back on right, step back on left, step forward on right  
5-6      Rock/step forward on left and back on right  
7&8      Step back on left, step back on right, step forward on left