

We're Ready

拍數: 62 牆數: 2 級數: Intermediate
編舞者: Glynn Rodgers (UK) & Lyn Kent (UK)
音樂: Tougher Than the Rest - Chris LeDoux



MONTEREY TURNS RIGHT & LEFT, CROSS TWINKLE, CROSS STEP

1-2 Point right to right side, step right beside left turning $\frac{1}{4}$ right
3-4 Point left to left side, step left beside right turning $\frac{1}{2}$ left
5 Point right to right side
6&7 Cross right over left, step left to left side, close right to place
8 Cross left over right

HINGE TURN, SIDE, JAZZ BOXES, CROSS STEP

1-2 Turn $\frac{1}{4}$ left stepping back right, turn $\frac{1}{4}$ left stepping forward left
3 Step right to right side
4&5 Cross left over right, step right to right, step left to left
6&7 Cross right over left, step left to left, step right to right
8 Cross left over right

SIDE, HINGE TURN, SIDE, CROSS STEP, SAMBA, TURN, HOOK PIVOT

1 Step right to right side
2-3 Turn $\frac{1}{2}$ turn left stepping left to left side, step right to right side
4 Cross left over right
5&6 Rock right to right side, recover weight onto left, cross right over left
7 Turn $\frac{1}{4}$ right stepping back left
8 Turn $\frac{1}{2}$ turn right on the ball of the left foot, hooking right leg under left knee

STEP, LOCK, LOCK STEP, ROCK, BALL TURN, SHUFFLE

1-2 Step forward right, lock left behind right
3&4 Step forward right, lock left behind right, step forward right
5-6 Rock left to left side, recover weight onto right
&7&8 Step left to place turning $\frac{1}{4}$ right, shuffle forward - right-left-right

QUICK WEAVE, FLICK TURN, SHUFFLE, CROSS, UNWIND

1&2 Cross left over right, step right to right side, cross left behind right
&3-4 Step right to right side, cross left over right, flick right heel back turning $\frac{1}{4}$ left
5&6 Shuffle forward - right-left-right
7-8 Cross left over right, unwind $\frac{3}{4}$ turn right. (weight remains on left)

HEEL SWITCHES, CROSS SHUFFLE, KICKS

1-2& Dig right heel forward twice, step right beside left
3-4& Dig left heel forward twice, step left beside right
5&6 Cross right over left, step left to left side, cross right over left
7-8 Kick forward twice left

SAILOR TURN, FORWARD COASTER, SHUFFLE TURN, STEP

1&2 Step left behind right turning $\frac{1}{4}$ left, step right to right side, step left to place
3&4 Step forward right, close left to right, step back right
5&6 Shuffle $\frac{1}{2}$ turn left stepping - left-right-left
7 Step forward right

MAMBO STEP, TURN, PADDLE TURN, STEP

- 8&1 Rock forward left, recover weight onto right, step left to place
- 2 Turn $\frac{1}{4}$ right stepping forward right
- 3& Rock left to left side, recover weight onto right turning $\frac{1}{4}$ right
- 4& Rock left to left side, recover weight onto right turning $\frac{1}{4}$ right
- 5& Rock left to left side, recover weight onto right turning $\frac{1}{4}$ right
- 6 Step forward left

REPEAT
