We'll Be Dancin'

拍數: 72

級數: Beginner

編舞者: Extreme Dancers (USA)

音樂: Dancing In The Street - Myra

Optional 16 count intro-done only once at the beginning of the dance SIDE ROCK, CROSS SHUFFLE, TURN ½ RIGHT, CROSS SHUFFLE

牆數: 4

- 1-2 Rock right out to right side, rock left in place
- 3&4 Cross step right over left, step left to left side, cross step right over left
- 5-6 Turn ¼ right stepping back on left, turn ¼ right stepping right to right side
- 7&8 Cross step left over right, step right to right side, cross step left over right

SIDE ROCK, CROSS SHUFFLE, TURN ½ RIGHT, CROSS SHUFFLE

9-16 Repeat the above 8 counts

The main dance

STEP TOUCHES

- 1-2-3-4 Step right touch left, step right touch left
- 5-6-7-8 Step left touch right, step left touch right

ROLLING VINE RIGHT- ROLLING VINE LEFT

- 1-2-3-4 Step right ¼ turn right, on ball of right turn ¼ right stepping left to side
- 5-6-7-8 On ball of left turn ½ right stepping right to side, touch left beside right

MASH POTATO (IN PLACE)

- 1-2 Swivel left heel out & in while swiveling on ball of right foot to front then behind
- 3-4 Swivel right heel out & in while swiveling on ball of left foot to front then behind
- 5-6 Swivel left heel out & in while swiveling on ball of right foot to front then behind
- 7-8 Swivel right heel out & in while swiveling on ball of left foot to front then behind settling weight on left foot

KICKS WITH QUARTER TURN

- 1 Touch right foot to side
- &2 Touch left foot to side
- 3 Touch right foot forward
- &4 Touch left foot side
- 5&6 Hitch left leg and turn on 7
- 7&8 Hitch left leg again weight left foot

TURNING HIP BUMPS (MOVING FORWARD AT 45 DEGREE ANGLE)

- 1-2 Step right bump hips twice
- 3-4 ¹/₂ Turn step left bump hips twice
- 5-6 ¹/₂ Turn step right bump hips twice
- 7-8 Step left bump hips twice

SAILOR STEPS TRAVELING BACK

- 1-2 Right sailor step shift weight on left, cross right foot behind left, step left to left side, step right to right
- 3-4 Left sailor step cross left foot behind right, step right foot to right side, step left foot to left
- 5-6 Right sailor step shift weight on left, cross right foot behind left, step left to left side, step right to right
- 7-8 Left sailor step cross left foot behind right, step right foot to right side, step left foot to left

1/2 TURN "PONY"



Turning to your left:

- 1-2 Hop on right, touch left toe next to right foot
- 3-4 Hop on left, touch right toe next to left foot
- 5-6 ¹/₄ Turn hop on right, touch left toe next to right foot
- 7-8 ¹⁄₄ Turn hop on left, touch right toe next to left foot

KICK, KICK, COASTER STEP

- 1-2 Kick right foot forward, kick right foot to the side
- 3-4 Coaster step with ½ turn
- 5-6 Kick right foot forward, kick right foot to the side
- 7-8 Coaster step with ½ turn

SLOW "JERK"

- 1-2 Right fist up to shoulder bending right knee and bouncing
- 3-4 Left fist up to shoulder bending left knee and bouncing

QUICK "JERK"

- 5 Right fist up to shoulder bending right knee and bouncing
- 6 Left fist up to shoulder bending left knee and bouncing
- 7 Right fist up to shoulder bending right knee and bouncing
- 8 Left fist up to shoulder bending left knee and bouncing

REPEAT