

We Thank You

拍數: 64 牆數: 1 級數: Beginner
編舞者: Michael Weeks (USA) & Betty Robinson
音樂: I Thank You - Phil Driscoll And James Burky



HEEL BALL TOUCHES, TOE TOUCHES, KNEE ROLL (START WITH RIGHT HEEL)

1&2 Right heel forward, step on ball of right next to left, touch left toe next to right foot
3&4 Left heel forward, step on ball of left next to right, touch right toe next to left foot
5&6 Right toe touch out to right side, step right next to left, touch left toe out to left side
&7-8 Step left together next to right, right toe touch out to right side, roll right knee from left to right

SAILOR SHUFFLES, ¼ TURN RIGHT, SHUFFLE FORWARD, ROCK-RECOVER (PREPARE TO TURN)

1&2 Cross right foot behind left, step left to left, step right foot in place
3&4 Cross left foot behind right, step right foot to right, step left foot in place
5&6-7-8 Step right ¼ turn right, step left beside right, step forward right, rock forward left, recover right

½ TURN LEFT, FORWARD SHUFFLE, ROCK, RECOVER, ¾ TURN RIGHT TRIPLE IN PLACE, HEEL TOUCHES

1&2 (Swivel or pivot on left your foot) turn ½ left, shuffle forward left, right, left
3-4 Rock forward right, recover to left
5&6 Turn ¾ to the right while you triple step in place right, left, right
7&8 Touch left heel forward, step left beside right, touch right heel forward

SIDE TOUCH, HOLD, SAILOR SHUFFLES, STOMPS

&1-2 Step right foot beside left, touch left toe to left side, hold
3&4 Cross left foot behind right, step right to right, step left in place
5&6 Cross right foot behind left, step left to left, step right foot in place
7-8 Stomp left, stomp right (weight. On right)

This is where you start repeating the foot patterns only with the opposite foot facing the wall behind where you started.

HEEL BALL TOUCHES, TOE TOUCHES, KNEE ROLL (START WITH LEFT HEEL)

1&2 Left heel forward, step on ball of left next to right, touch right toe next to left foot
3&4 Right heel forward, step on ball of right next to left, touch left toe next to right foot
5&6 Left toe touch out to left side, step left next to right, touch right toe out to right side
&7-8 Step right together next to left, left toe touch out to left side, roll left knee from right to left

SAILOR SHUFFLES, ¼ TURN LEFT, SHUFFLE FORWARD, ROCK-RECOVER (PREPARE TO TURN)

1&2 Cross left foot behind right, step right to right, step left foot in place
3&4 Cross right foot behind left, step left foot to left, step right foot in place
5&6-7-8 Step left ¼ turn left, step right beside left, step forward left, rock forward right, recover left

½ TURN RIGHT, FORWARD SHUFFLE, ROCK, RECOVER, ¾ TURN LEFT TRIPLE IN PLACE, HEEL TOUCHES

1&2 (Swivel or pivot on left your foot) turn ½ right, shuffle forward right, left, right
3-4 Rock forward left, recover to right
5&6 Turn ¾ to the left while you triple step in place left, right, left
7&8 Touch right heel forward, step right beside left, touch left heel forward

SIDE TOUCH, HOLD, SAILOR SHUFFLES, STOMPS

&1-2 Step left foot beside right, touch right toe to right side, hold
3&4 Cross right foot behind left, step left to left, step right in place

5&6

Cross left foot behind right, step right to right, step left foot in place

7-8

Stomp right, stomp left (weight. On left) facing original wall

REPEAT
