

# We Run This

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver hip hop  
編舞者: Signature X  
音樂: We Run This - Missy Elliott



## STEP RIGHT, CLOSE RIGHT, STEP LEFT, CLOSE LEFT, BEHIND, UNWIND ½ RIGHT, STEP RIGHT DIAGONALLY, STEP LEFT DIAGONALLY

- 1-2      Step right to right side, close back right beside left
- 3-4      Step left to left side, close left beside right
- 5-6      Press right behind left, unwind ½ turn right (facing 6:00)
- 7-8      Step right diagonally forward to right side, step left diagonally forward to left side

### Hands option

- 1&2      Execute chest pump twice, clap
- 3&4      Execute chest pump twice, clap

## HIP BUMPS TWICE, ¼ PADDLE TURN, 1/8 PADDLE TURN TWICE

- 1&2      Bump hip left, right, left
- 3&4      Bump hip right, left, right
- 5-6      Step right ¼ turn left to right side, hold
- 7      Step right 1/8 turn left to right side
- 8      Step right 1/8 turn left to right side (facing back to 12:00)

Hands option: left arm lift up above shoulder level and pump down during each paddle turn

## TOE SWITCHES X4, CHEST PUMPS X4

- 1&      Point toe to left side, close back left next to right
- 2&      Point toe to right side, close back right beside left
- 3&      Repeat 1&
- 4&      Repeat 2&
- 5-6-7-8      Pumps chest x4 (facing 12:00) with lots at attitude

## FUNKY WALK

- 1-2-3-4      (With body facing 3:00, head facing 12:00) walk x3 forward, starting right, left, right, hitch left knee up (face 9:00)
- 5-6-7-8      (With body facing toward 9:00), funky walk forward by stepping left, right, left, right

## REPEAT

## TAG

At the beginning of wall 3 & wall 7

## STEP TOUCHES X5

- 1&      Step left to left side, touch right beside left
- 2      Hold
- 3&      Step right to right side, touch left beside right
- 4      Hold
- 5&      Repeat 1&
- 6      Hold
- 7&      Repeat 3&
- 8&      Repeat 1&

### Hands option for counts:

- 1&      Point both hands up in the air
- 3&      Arm fold with lots of attitude (chest level)
- 5&      Put both hands down to waist level, look down to the left shoulder

