We Danced

拍數: 64

級數: Intermediate/Advanced

編舞者: Adrian Churm (UK)

音樂: We Danced - Dane Stevens

STOMP, SIDE STEP, POINT, CLOSE, BACK STEP, CLOSE, SIDE CLOSE

- 1-4 Right stomp in place, left steps to the side, turn body slightly to the left and point right foot forward and across left, turn body back to center closing right foot to left
- 5-8 Left steps back and behind right (slight body turn to the left) right closes to left (body back to center) left steps to the side, right touches next to left

1/4 TURN ON THE SPOT OVER 4 WALKS, ROCK STEP & TRIPLE STEPS

- 9-12 On the balls of the feet turn 1/4 turn to the left stepping on the spot right, left right, left
- 13-16 Right foot steps forward and across left, replace weight back onto left foot triple step on the spot making $\frac{1}{2}$ turn to the right stepping right, left, right (count 15 & 16)
- Left foot steps forward and across right, replace weight back onto right make a 1/4 turn to the 17-20 left, step left to the side, close right foot to left

HEEL STRUTS AND HEEL BOUNCES, SPANISH LINE

- 21-24 Step left heel forward, step left foot down, bounce left heel up and down twice
- 25-28 Repeat 21-24 on right foot
- 29-32 Walk forward making ¹/₂ turn to the left finishing left foot back (left, right, left) and tap right toe forward (knee slightly bent, right arm in front of body, left arm behind)
- 33-36 Repeat 29-32 on the opposite feet turning in the opposite direction

TOE TAPS INTO SPANISH LINE, FOOT FLICKS

- 37&38 Left foot takes a small step forward, tap right toe behind left twice
- Right foot steps back, tap left toe in front of right foot 39-40
- 41-44 Repeat steps 37-40
- 45-46 Left foot steps forward right foot flicks up and to the side
- 47-48 Repeat 45-46 on the opposite foot

JAZZ BOXES, TOE TAPS & BACK KICK TRAVELING FORWARD

- 49-52 Left foot crosses over right foot, right foot steps back (make a ¼ turn to the left) left foot step to the side scuff right foot forward
- 53-56 Right foot crosses over left, left steps back (small step) right foot steps to the side left touches next to right
- 57&58& Step left forward, tap right toe behind left foot, kick right foot back, step ball of right behind left 59-60 Step left forward, touch right next to left

FOUR STEPS IN PLACE

61-64 In place step right, left, right, left

Imagine as you do this that you are holding a matador's cape to your right side with both hands and take it left over 4 counts

REPEAT





牆數: 4