We Are One



拍數: 66 牆數: 2 級數: Intermediate

編舞者: Ross Brown (ENG)

音樂: We Are One - Lion King Cast



ROCK, COASTER STEP, ROCK, TURNING CHASSE

1-2	Rock forward	with right.	recover onto left

3&4 Step back with right, step left next to right, step forward with right

5-6 Rock forward with left, recover onto right

7&8 Step left turning to the left a quarter left, step right next to left, step left to the left

ROCK, CHASSE, STEP, STEP, TURNING SHUFFLE

9-10 Cross rock right over left, recover onto left

Step right to the right, step left next to right, step right to the right

13-14 Step left to the left, step right behind left

15&16 Step left turning to the left a quarter left, step right behind left, step forward with left

PIVOT TURN, CROSS SHUFFLE, ROCK, STEP, SWEEP

17-18	Step forward with right, pivot a guarter left
17-10	Sied forward with hunt, blyot a duarter left

19&20 Cross step right over left, step left to the left, cross step right over left

21-22 Rock left to the left, recover onto right

23-24 Step left behind right, sweep right foot around left

PLACE, WALK BACK, COASTER STEP, WALK FORWARD TWICE, ROCK, TURN

25-26 Place right behind left, walk back with left

27&28 Step back with right, step left next to right, step forward with right

29-30 Walk forward left, right

31&32 Cross rock right over left, recover onto left, step left turning to the left a quarter left

TWINKLE, TWINKLE, TURNING TWINKLE, TWINKLE

33&34	Cross step right over left, step back with left, step to right with right
35&36	Cross step left over right, step back with right, step left to the left

37&38 Cross step right over left, step back onto left turning a ¼ right, step right to right turning

another 1/4 right

39&40 Cross step left over right, step back with right, step to the left with left

TOGETHER, STEP, DRAG, ROLLING VINE, STEP, SWAY TWICE, LARGE STEP, DRAG

Step right next to left, step left to the left, drag right up to left (touching right next to left)

Step right turning to the right a guarter right, step forward with left turning a half right, step

right turning to the right a quarter right

&45-46 Step left next to right, step right to the right swaying hips right, left

47-48 Step a large step right with right, drag left up to right (touching left next to right)

TURN, TURN, TURN, TURN, STEP, TOGETHER, SHUFFLE

49-52 Step left turning to the left a quarter left, step forward with right turning a half left, step back

onto left turning a half left, step forward with right turning a quarter left

53-54 Step left to the left, step right next to left

55&56 Step forward with left, step right behind left, step forward with left

STEP, KICK

55-56 Step forward with right turning a ¼ left, kick left foot forward while turning another ¼ left

COASTER STEP, TWINKLE, ROCK, ROCK, STEP

57&58	Step back with left, step right next to left, step forward with left
59&60	Cross step right over left, step back with left, step right to the right

Rock back diagonally (4:30) with left, recover onto right
Rock left to the left, recover onto right, step forward with left

REPEAT