

We Are Family

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jo Thompson Szymanski (USA) & Rita Thompson (USA)
音樂: We Are Family - Scooter Lee



VINE RIGHT 3, TOUCH, HIP BUMPS LEFT, RIGHT, LEFT, RIGHT

- 1-2 Step right foot to right side, step left foot crossed behind right
- 3-4 Step right foot to right side, touch left foot beside right (optional - clap on touch)
- 5-6 Placing left foot to left side, bump hips left, bump hips right
- 7-8 Bump hips left, bump hips right shifting weight to right foot

VINE LEFT 3, TOUCH, HIP BUMPS RIGHT, LEFT, RIGHT, LEFT

- 1-2 Step left foot to left side, step right foot crossed behind left
- 3-4 Step left foot to left side, touch right foot beside left (optional - clap on touch)
- 5-6 Placing right foot to right side, bump hips right, bump hips left
- 7-8 Bump hips right, bump hips left shifting weight to left foot

DIAGONAL STEP, SLIDE, STEP, TOUCH (SUPREMES)

- 1-4 Step right foot forward to right diagonal, slide left foot together, step right foot forward to right diagonal, touch left beside right (optional: clap hands)
- 5-8 Step left foot forward to left diagonal, slide right foot together, step left foot forward to left diagonal, touch right beside left, (optional, clap hands)

Styling: for a Supremes look, keeping elbows bent the entire time with fists at waist level, swing both fists forward on count 1, back on count 2, forward on count 3, optional clap on count 4; repeat for counts 5-8

JAZZ BOX ¼ TURN RIGHT, JAZZ BOX IN PLACE

- 1-4 Step right foot across front of left, step back with left foot, turn ¼ right, step right foot to right side, step slightly forward with left foot
- 5-8 Step right foot across front of left, step back with left foot, step right foot to right side, step left foot slightly across in front of right

REPEAT
