

The Way

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Gerard Murphy (CAN)
音樂: The Way - Clay Aiken



Start the dance after 16 counts in, even though the lyrics begin immediately

SIDE, ROCK STEP, SIDE, BALL CROSS, SIDE ROCK RECOVER STEP FORWARD, STEP ½ PIVOT

1-2& Long step right to right, rock step left behind right, recover onto right
3-4& Long step left to left, step right behind left, step on ball of left
5-6& Cross step right over left, rock step left to left, recover onto right
7-8& Step left forward, step right forward, ½ turn pivot left (weight to left)

WALK WALK WALK, FORWARD ROCK RECOVER STEP BACK, CROSS STEP ¼ SWEEP, ROCK STEP

1-2-3 Traveling forward - long cross step right over left, long cross step left over right, long cross step right over left
4& Rock step left forward, recover onto right
5-6& Step left directly back, cross step right over left, step left directly back
7-8& Sweep right out and around making ¼ turn right, rock step right behind left, recover in place onto left

SIDE, CROSS STEP, ¼ SIDE STEP, STEP ¼ PIVOT, CROSS STEP, SIDE ROCK RECOVER, CROSS STEP, ¼ STEP, ¼ STEP

1-2& Long step right to right, cross rock left over right, recover onto right
3-4& Long step left to left making ¼ turn left, step right forward, ¼ pivot left (weight to left)
5-6& Cross step right over left, rock step left to left, recover onto right
7-8& Cross step left over right, step right to right making ¼ turn left, step left to left making ¼ turn left

CROSS STEP, SIDE SWAY, ¼ RECOVER, SHUFFLE FORWARD, FORWARD ROCK ¼ RECOVER, CROSS STEP

1 Cross step right over left
2-3 Step left to left with sway, recover onto right making ¼ turn right
4&5 Shuffle step forward - left, right lock behind left, left
6&7 Rock step right forward, recover onto left, step right to right making a ¼ turn right
8 Cross step left over right

REPEAT

TAG

At the end of the dance the first time you hit the back wall (after 2 rotations) and again when you next hit the 3:00 wall (after another 3 rotations)

1-2 Step right to right, cross step left over right