Way Things Are

拍數: 48

級數: Improver

編舞者: Pam Dailey (USA)

音樂: The Way Things Are - Scooter Lee

CROSS SHUFFLE LEFT, CROSS SHUFFLE RIGHT, REPEAT

- Cross right over left (angle body to left corner), step on left, step on right (turn body back to 1&2 center)
- Cross left over right (angle body to right corner), step on right, step on left (turn body back to 3&4 center)
- 5&6 Repeat 1&2
- 7&8 Repeat 3&4

STEP, SLIDE, STEP, TOUCH LEFT, STEP, SLIDE, STEP, TOUCH RIGHT

- 1-4 Step right to right, slide left up beside & step, step right to right, touch left beside right
- 5-8 Step left to left, slide left up beside & step, step left to left, touch right beside left

MARCH BACK, RIGHT, LEFT, RIGHT, LEFT, SHUFFLE RIGHT, SHUFFLE LEFT

- 1-4 Step back on right, then left, then right, step left (march back with a little attitude)
- 5&6 Shuffle forward by stepping right, left, right
- Shuffle forward by stepping left, right, left 7&8

WALK FORWARD RIGHT, LEFT, RIGHT, TOUCH LEFT, WALK BACK LEFT, RIGHT, LEFT, TOUCH RIGHT

- Step forward on right, left, right, touch left 1-4
- 5-8 Step back on left, right, left, touch right

FORWARD RIGHT SHUFFLE, LEFT SHUFFLE, KICKBALL CHANGE, ¼ TURN LEFT

- 1&2 Shuffle forward right, left, right
- 3&4 Shuffle forward left, right, left
- 5&6 Kick right foot forward, step on right, step on left
- 7-8 Step forward on right making 1/4 turn to left, shifting weight to left foot

1/4 TURN LEFT, 1/4 TURN LEFT, CROSS, 1/2 TURN, STEP, CROSS

- 1-2 Step forward on right making 1/4 turn left, (same as above)
- 3-4 Repeat ¹/₄ turn (same as above, keep weight on left)
- 5-6 Cross right over left, step left and begin a ¹/₂ turn to right
- 7-8 Step on right, cross left over right

Be sure to put weight on left because you will bring your right foot back around to cross and start over. It weaves in to the beginning

REPEAT





牆數:4