

# The Way It Is

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Heather Frye (CAN)  
音樂: That's the Way It Is - Céline Dion



## BUMP(2X), BEHIND BALL CROSS

- 1-2            Step right foot to right side (shoulder width), and bump right hip to right side two times  
&3&4        Shift weight to left side, step right behind left, step left to left side, cross right over left (take weight)  
5-6            Step left foot to left side and bump left hip to left side two times  
&7&8        Shift weight to right, step left behind right, step right to right side, cross left over right (take weight)

## TWO 1/8 TURNS LEFT, MASHED POTATO, SCUFF, STEP, STEP

- 9-10-11-12    Step right foot out and turn 1/8 turn to left two times (to complete ¼ turn left), feet end up shoulder width, evenly weighted  
&13          Swivel heels out, scoot right heel slightly behind left  
&14          Swivel heels out, scoot left heel slightly behind right (weight should be on left when finished)  
15            Scuff right heel forward  
&16          Step down right then step left forward beside right (take weight)

## ALTERNATING SIDE KICKS

- 17            Kick right foot to right side  
&18          Bring right foot home, take weight, kick left foot to left side  
&19          Bring left foot home, take weight, kick right foot to right side  
&20          Bring right foot down slightly (do not touch right foot down) & kick right to right side  
&21          Bring right foot home, take weight, kick left foot to left side  
&22          Bring left foot home, take weight, kick right foot to right side  
&23          Bring right foot home, take weight, kick left foot to left side  
&24          Bring left foot down slightly (do not touch left foot down) & kick left to left side

## 4 SAILOR SHUFFLES

- 25&26        Left sailor shuffle- cross step left behind right (angle body slightly), step right to side, step left slightly forward and to left side  
27&28        Right sailor shuffle- cross step right behind left (angle body slightly), step left to side, step right slightly forward and to right side  
29&30        Left sailor shuffle (as above written)  
31&32        Right sailor shuffle (as above written)

## STEP HOLD, SWIVEL HEEL TOE, TOUCH (TWICE)

- 33-34        Step left forward on a slight angle - hold  
35&36        Swivel right foot to meet the left - heel - toe and touch right beside left  
37-38        Step right forward on a slight angle - hold  
39&40        Swivel left foot to meet the right - heel - toe and touch left beside right

## TWO LEFT HIP BUMPS, TWO RIGHT HIP BUMPS, SWEEPING FULL TURN RIGHT

- 41-42        Shift weight left and bump left hip to the left side twice  
43-44        Shift weight right and bump right hip to the right side twice  
45            Shift weight left, touch right forward (to 12:00)  
46            Sweep right foot (to 3:00 position)  
47-48        Continue to sweep right foot around in a to the right direction, keeping weight on left foot until you have completed one full turn

## REPEAT

### TAG

**At the end of 2nd and 5th walls, you will omit steps 33-48 and replace with the following**

33 Step left foot forward slightly (take weight)

34 Touch right forward to 12:00

35-36 Sweep right foot around in a to the right direction keeping weight on left foot until you have completed one full turn

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