

Waterloo

COPPER KNOB
BY STEPHEN METZ

拍數: 56 牆數: 2 級數: Intermediate
編舞者: Chris Watson (AUS)
音樂: Waterloo - ABBA



- 1-2&3-4 Step right to right side, step left behind right, step right to right side and left in front of right, step right to right side
- 5-6-7&8 Rock weight back onto left forward onto right, side shuffle to left, left-right-left
- 1&2-3-4 Right kick ball change, step right foot forward ½ turn pivot via left, weight on left
5-6-7-8 Rock forward right, back onto left, back right and forward onto left
- 1&2-3-4 Shuffle forward right, left, right, step left foot forward ½ turn pivot take weight to right
5&6-7-8 Shuffle ½ turn back left, right, left via left shoulder, rock back onto right forward onto left
- 1-2-3-4 Rock forward right, back onto left, rock back right forward onto left
5-6-7-8 Rock forward right, back onto left, rock back right forward onto left
- While shaking your shoulders (shimmies)**
- 1-2-3-4 Rock/step right to right side, replace weight to left, heel strut right in front of left and click fingers (in a downward motion) when heel comes down on beat 4
5-6-7-8 Rock step left to left side, replace weight to right, heel strut left in front of right and click fingers (in a downward motion) when heel comes down on beat 4
- 1-2-3-4 (½ Monterey turn) touch right toe to right side, slide right foot together while turning ½ turn via right, touch left toe out to left side and replace foot back to center taking weight onto left
5&6-7-8 Side shuffle to right, right-left-right, rock back weight onto left then forward onto right
- 1&2-3-4 Side shuffle to left, left-right-left, rock weight back onto right then forward onto left
5-6&7-8 Step right foot forward doing a ½ turn pivot via left, taking weight onto left, step right to right side and left over right, scuff right foot forward

REPEAT

RESTARTS

Wall 3 after 32 beats (after the rocks), restart

Wall 6 after 40 beats (before Monterey), restart