Water Into Wine

拍數: 32

牆數: 4

編舞者: Ruthie B (UK)

音樂: Like Water Into Wine - Billy 'Bubba' King

CROSS UNWIND 1/2 TURN, CHASSE, CROSS ROCK SIDE TWICE

- 1-2 Cross right over left, unwind ¹/₂ turn left, weight on right 3&4 Chasse left, step left to left side, close right to left, step side left
- 5&6 Cross right over left, rock back onto left, step right to right side
- 7&8 Cross left over right, rock back onto right, step left to left side

Restart wall 6

BEHIND UNWIND ¾ TURN CHASSE, ROCK BACK SIDE TWICE

- 1-2 Step right behind left, unwind ³/₄ turn right, weight on weight on right
- 3&4 Chasse left, step left to left side, close right to left, step side left
- 5&6 Step back on right replace weight to left step right to right side
- 7&8 Step back on left, replace weight to right, step left to left side

Restart wall 3

CROSS ROCK SWEEP, BEHIND SIDE CROSS, SIDE ROCK BEHIND SIDE CROSS

- 1&2 Cross right over left, rock back on left sweep right foot round while making 1/4 turn right
- 3&4 Step right behind left, step left to left side, cross right over left
- 5-6 Rock out left to left side replace weight to right
- 7&8 Step left behind right, right to right side, cross left over right

SIDE ROCK, RECOVER ¼ LEFT, FULL TURN, MAMBO FORWARD MAMBO BACK

- 1-2 Rock out right to right side, transfer weight to left making 1/4 turn left
- Step back on right making 1/2 turn left, step forward on left making 1/2 turn left 3-4

Option: walk forward right left rather than the full turn

- Rock forward on right, replace weight back on left, step back on right 5&6
- 7&8 Rock back on left, transfer weight to right, step forward on left

REPEAT

RESTART

On wall 3 (9:00), dance up to count 16 which brings you back to facing the front and start again On wall 6 (6:00), dance first 8 counts which brings you back to facing the front and start again

FINISH

Cross unwind to the front





級數: