

Watch Me Shine

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Katie Adams (UK)
音樂: Watch Me Shine - Joanna Pacitti



ROCK RECOVER, SAILOR HALF TURN, KICK AND CROSSES

- 1&2 Rock back to left diagonal with right, recover left, step right to right side
- 3&4 Sailor half turn left stepping left, right left
- 5&6 Kick right diagonally to right, cross right over left, step left diagonally back left
- &7-8 Cross right over left, step left diagonally back left, step right to right side

CROSS UNWIND ½, KICK BALL CHANGE, ROCK, RECOVER, ¾ TURN

- 1-2 Cross left over right, unwind ½ turn to the right ending with weight on left
- 3&4 Kick right forward, step right in place, step left beside right
- 5-6 Rock forward right, rock back left
- 7&8 ¾ Turn to the right stepping right, left right

TOE POINTS AND FLICK, CROSS SWAY, ½ SWAY

- 1-2 Step forward with left, point right toe forward
- 3&4 Point right toe to right side, flick right leg up to right back diagonal, point back down to right side
- 5-6 Cross right over left, step left to left side swaying hips left
- 7&8 Recover weight onto right swaying hips right, turn a ½ to the left stepping onto the left, cross right over left

TOUCH, BUMP, SAILOR, SAILOR ¼ TURN, STEP ½ TURN KICK

- 1-2 Touch left to left side, transfer weight onto left bumping hip to left
- 3&4 Cross right behind left, step left to left, step right to right
- 5&6 Cross left behind right, step right a ¼ turn right, step left forward
- 7&8 Step forward on right, touch left behind right, ½ turn left on right while kicking left forward

COASTER STEP, FULL TURN, ROCK, RECOVER, 1 ½ TURN

- 1&2 Step forward left, step right beside left, step back on left
- 3&4 Full turn to the left stepping left, right, left
- 5-6 Rock forward on left, rock back on right
- 7&8 Turn 1 ½ to the left stepping left, right, left

ROCK FORWARD, RECOVER, COASTER CROSS, SWAY AND TOUCH

- 1-2 Rock forward onto right, rock back onto left
- 3&4 Step back right, step left, cross right over left
- 5-6 Step left to left side swaying hips left, sway hips right
- 7-8 Sway hips to the left taking weight, touch right next to left

REPEAT

There is a slight pause in the music on wall 5, after the half turn kick. Step forward onto your left foot and push shoulders forward, then begin dance again.