

Watch Me Now

COPPER **KNOB**
BY STEPHEN HETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: John Dowling (UK)
音樂: Watch Me Now - Sham Rock



HEELS X 3, CLAPS TWICE, HEELS TWICE, TOUCH

1-3 Dig right heel forward, switch and dig left heel forward, switch and dig right heel forward
4-5 Clap hands twice
6-7 Switch and dig left heel forward, switch and dig right heel forward
8 Touch right toe to left instep

MODIFIED VAUDEVILLE, LEFT GRAPEVINE WITH ¼ TURN LEFT

1-2 Step right to right side, cross step left behind right
3-4 Step right to right side, dig left heel in front to left diagonal leaning body back slightly
5-6 Step left to left side, cross step right behind left
7-8 Step left to left side making a ¼ turn left, touch right toe to left instep

Restart at this point on 3rd wall

¼ MONTEREY TURN RIGHT, MONTEREY HITCH WITH ¼ TURN RIGHT, STEP FORWARD, HOLD

1-2 Touch right toe out to right side, pivot ¼ turn right bringing right foot next to left
3-4 Touch left out to left side, return left next to right
5-6 Touch right toe out to right side, pivot ¼ turn right hitching right foot across left shin
7-8 Step slightly forward on right, hold

LUNGE FORWARD, RECOVER, STEP BACK, PIVOT ¼ TURN RIGHT, KNEE POP, HOLD, KNEE POPS TWICE

1-2 Keeping both feet on the ground, lunge forward bending both knees, recover back onto left
3-4 Step right foot back, pivot ¼ turn right
5-6 Keeping both feet on ground, bend right knee to meet left leg, hold
7-8 Keeping both feet on ground, bend left knee to meet right leg, bend right knee to meet left leg

FORWARD, TOUCH, LEFT, TOUCH, BACK WITH ¼ TURN RIGHT, TOUCH, FORWARD, TOUCH

1-2 Step forward on right, touch left next to right
3-4 Step left to left side, touch right next to left
5-6 Step right foot back making a ¼ turn right, touch left next to right
7-8 Step forward on left, touch right next to left

Restart at this point on 6th wall

MODIFIED SHUFFLE FORWARD, LEFT SCUFF INTO LEFT SIDE STEP, TOUCH, RIGHT STEP BACK, TOUCH

1-2 Step forward on right, step left next to right
3-4 Step forward on right, scuff left next to right into...
5-6 Step left to left side, touch right next to left
7-8 Step back on right, touch left next to right

BACK STEP, TOUCH (CLAP), FORWARD STEP, TOUCH (CLAP), BACK STEP, TOUCH (CLAP), SIDE TOUCH HOLD

1-2 Step back on left, touch right toe in front of left foot (clap)
3-4 Step forward on right, touch left toe in behind right foot (clap)
5-6 Step back on left, touch right toe in front of left foot (clap)
7-8 Touch right toe out to right side, hold

JAZZ BOX WITH ¼ TURN RIGHT TWICE

- 1-2 Cross step right foot over left, start to make a ¼ turn right stepping back on left
- 3-4 Complete the ¼ turn right stepping right to side, step left in place
- 5-6 Cross step right foot over left, start to make a ¼ turn right stepping back on left
- 7-8 Complete the ¼ turn right stepping right to side, step left in place

REPEAT

RESTART

See notes in the step description for restarts
