# Wat'z U'r Flava



拍數: 48 牆數: 0 級數:

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音樂: What's Your Flava? - Craig David



### KICK FORWARD BACK, SWIVEL, COASTER STEP, TOUCH OUT IN OUT

1-2 Kick right foot forward and straight back

3&4 ½ turn with swivels, swivel heels right left right as you turn

5&6 Right coaster step

7&8 Touch left foot out to left side touch left next to right and touch out to left side

# BEHIND SIDE IN FRONT, ROCK, BUMP HIPS TWICE, COASTER STEP, ROCK FORWARD AND BACK

1&2 Step left behind right, step right to right side and step left in front of right

3&4 Rock right to right side and bump hips forward back forward

5&6 Right coaster step

7-8 Rock left foot over right and rock back onto right

### 1 FULL TURN AND A HALF, WALK RIGHT, LEFT, ROCK FORWARD AND STEP BACK

1&2 Turn 3 ½ turns over your right shoulder3-4 Walk forward on right foot and then left foot

5&6 Rock forward on your right foot step onto your left and step back onto right foot

7-8 Left coaster step

# SKATE, SKATE SHUFFLE, SKATE, SKATE SHUFFLE

1-2 Skate right, skate left
3&4 Right diagonal shuffle
5-6 Skate left, skate right

7&8 Left diagonal shuffle making ¼ turn to the left

## STEP TURN HITCH, COASTER STEP, KICK BALL TOUCH, KICK BALL TOUCH

1-2 Step forward on right foot, turn ½ turn to the left and hitch left foot

3&4 Left coaster step

5&6 Right kick ball touch your left behind your right

7&8 Left kick ball touch your right behind left

#### BUMP HIPS, ROCK AND CROSS, KICK AND CROSS, UNWIND

1-2 Bump hips right twice

3&4 Step left to left side, step right to right side and cross left over in front of right

5&6 Kick right foot and cross left over in front7-8 Unwind 1 full turn over your right shoulder

#### **REPEAT**