

Wasting Time

COPPERKNOB
BY STEPHEN METZ

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Martin Ritchie (UK)
音樂: Time's Wastin' - Phil Vassar



When dancing to "Lucky Girl" by Gloria Estefan, begin 16 counts after Gloria sings "Your kiss is the jewel for me, I'm such a lucky girl". (36 secs)

CROSS, SIDE-ROCK, SAILOR ½, CROSS-ROCK, TRIPLE ¾

1-2-3 Cross step right over left, rock left to side, recover weight onto right
4&5 Sweep left ½ turn left and step behind right, step right to side, step left in place
6-7 Cross rock right over left, recover weight onto left
8&1 Triple step ¾ turn right stepping; right, left, right (3:00)

SIDE-ROCK, SAILOR STEP, SAILOR ¼, STEP-TURN-SIDE

2-3 Rock left to side, recover weight onto right
4&5 Step left behind right, step right to side, step left in place
6&7 Sweep/step right behind left turning ¼ right, step left together, step forward on right
8&1 Step forward on left, pivot ½ turn right, step left to side (12:00)

BACK-ROCK, KICK-BALL-CROSS, SIDE, SLIDE/TOUCH, CHASSE ¼ LEFT

2-3 Rock back on right, recover weight onto left
4&5 Kick right diagonally forward right, step ball of right together, cross step left over right
6-7 Large step right to side, slide left to touch together
8&1 Step left to side, step right together, step left to side ¼ turn left

STEP, PIVOT ½, RIGHT-LOCK-STEP, STEP, PIVOT ½, STEP

2-3 Step forward on right, pivot ½ turn left
4&5 Step forward on right, lock-step left behind right, step forward on right
6-7-8 Step forward on left, pivot ½ turn right, step forward on left (9:00)

CROSS-ROCK, SIDE SHUFFLE, CROSS-ROCK, SIDE SHUFFLE

1-2 Cross-rock right over left, recover weight onto left
3&4 Step right to side, step left together, step right to side
5-6 Cross-rock left over right, recover weight onto right
7&8 Step left to side, step right together, step left to side

CROSS, ¼ LEFT ROCK, SHUFFLE ½, SHUFFLE ½, KICK-BALL-(CROSS)

1-2 Cross step right over left (starting to turn), rock forward on left completing ¼ turn left
3 Recover weight onto right (6:00)
4&5 Moving back: triple step left, right, left turning ½ left
6&7 Triple step right, left, right turning ½ left
8& Kick left diagonally forward left, step ball of left together

Counts 4&5, 6&7 may be replaced with two straight shuffles back

REPEAT

ENDING

On the last repetition, replace the last kick-ball-cross with another ½ shuffle to end facing the front wall