A Warm Feeling 2

拍數: 64

級數: Intermediate rumba

編舞者: Vivian Chiang (USA)

音樂: A Warm Feeling (溫暖) - Feng Fei Fei (鳳飛飛)

STEP FORWARD, HOLD, STEP, STEP; STEP FORWARD, HOLD, STEP, STEP

- 1-2 Step forward right, hold
- 3-4 Step left to left, step right close to left
- 5-6 Step forward left, hold
- 7-8 Step right to right, step left next to right

WEAVE TO RIGHT; ROCK, RETURN, CROSS, HOLD

- 1-4 Step right to right, cross left behind right, step right to right, cross left over right
- 5-8 Rock right to right, rock to left, cross right over left, hold

ROCK, ½ TURN RIGHT, CROSS, HOLD; ROCK, RETURN, CROSS, HOLD

- 1-4 Rock left to left, turn right ¹/₂ to right, step left cross over right, hold (6:00)
- 5-8 Rock right to right, rock to left, cross right over left, hold

STEP, PIVOT ½ TURN TO RIGHT (2X); STEP, SLIDE, STEP, SLIDE/TOUCH

- 1-2 Step left forward, right turn ½ to right
- 3-4 Step left forward, right turn ½ to right
- 5-6 Step left to left side, right foot slide in next to left
- 7-8 Big step left to left, drag right foot next to left with a touch

CROSS, HOLD, SHUFFLE; ROCK, RECOVER, SHUFFLE FULL ROLLING TURN

- 1-2 Right crosses over left, hold
- 3&4 Shuffle left-right-left diagonal facing slightly left
- 5-6 Right rock front, recover
- 7&8 Shuffle right-left-right making full rolling turn to right

CROSS, HOLD, SHUFFLE; ROCK, RECOVER, SHUFFLE FULL ROLLING TURN

- 1-2 Left cross over right, hold
- 3&4 Shuffle right-left-right diagonal facing slightly right
- 5-6 Left rock front, recover
- 7&8 Shuffle left-right-left making full rolling turn to left

SKATE, HOLD, SKATE, SKATE; SKATE, HOLD, SKATE, SKATE

- 1-4 Skate right foot forward putting weight on right(diagonal to right), hold, skate left foot forward putting weight on left (diagonal to left), skate right foot forward putting weight on right (diagonal to right)
- 5-8 Skate left, hold, skate right, skate left

STEP BACK, DRAG, SHUFFLE; JAZZ BOX

- 1-4 Step right back diagonal to right, drag left toward right ending with left toe touch in front of right, shuffle left-right-left forward diagonal to left
- 5-8 Cross right in front of left, step back left, step right ¼ to right, step left next to right

REPEAT

This dance was originally "A Warm Feeling" (2 walls, 32 counts). I added another 32 counts for the intermediate level dancers





牆數:4

ENDING

At the 5th repetition on 55-56 counts (facing 6:00), simply change full turn to 1& ½ left turn and slowly raise both arms up facing the front wall