

Wanna Dance?

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
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音樂: If You Wanna Dance - Nobody's Angel



WALK, WALK, MAMBO FORWARD, BACK, BACK, OUT-OUT SLIDE

1-2 Walk forward right-left
3&4 Step forward on right, step left in place, step right next to left
5-6 Walk backward left-right
&7-8 Step left out to left, step right large step to right, slide left next to right

BODY ROLL RIGHT, HIP BUMPS, BODY ROLL LEFT, HIP BUMPS

1-2 Body roll to right side (begin with shoulders, end with hips, weight on right)
3-4 Bump hips left and up twice
5-6 Body roll to left side (begin with shoulders, end with hips, weight on left)
7-8 Bump hips right and up twice

WALK RIGHT, LEFT, SWEEP TURN, TRAVELING HEEL/TOE JACKS

1-2 Step right to right side, step left across right
3-4 Sweep right around in front of left taking weight on right
&5 Step to left on left, touch right toe out 45' right/front
&6 Step right next to left, touch left toe behind right
&7 Step to left on left, touch right toe 45' right/front
&8 Step right next to left, step left next to right

STEP ¼ TURN RIGHT, FORWARD LEFT, ½ TURN RIGHT, ¼ TURN RIGHT, SHAKE, HIP ROLL

1-2 Pivot ¼ turn right and step on right, step forward on left
3-4 Pivot ½ turn right and step on right foot, pivot ¼ turn right, step left foot next to right
5-6 Shake hips right(left) - right(left)
7-8 Roll hips around ending with weight on left foot and body turning ¼ to the right

REPEAT
