

The Wanderer

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Harold Grimshaw (UK)
音樂: The Wanderer - Dave Sheriff



KICK BALL CROSS, SYNCOPATED HEELS, HEEL GRIND ¼ STEP, STOMP

1&2 Kick right foot forward, step on ball of right foot, cross step left over right
&3-4 Step back on right, dig left heel forward, clap
&5-6 Step back on left, dig right heel forward, grind right heel (pivoting ¼ right on ball of left foot)
7-8 Step right next to left, stomp left next to right

CROSS STEP, UNWIND ½, RIGHT SHUFFLE, CROSS STEP, UNWIND ¾, HIP BUMPS

1-2 Cross step right over left, unwind ½ left
3&4 Right shuffle forward (right, left, right)
5-6 Cross step left over right, unwind ¾ right
7-8 Bump hips left twice

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, SAILOR STEP

1-2 Step right to right side, rock weight onto left
3&4 Right cross shuffle over left (right, left, right)
5-6 Step left to left side, rock weight onto right
7&8 Swing step left behind right, step right to right side, step left next to right

CROSS STEP, SIDE, BEHIND, SYNCOPATED ¼ LEFT, WALK BACK, TOUCH

1-2 Cross step right over left, step left to left side
3&4 Step right behind left, step left ¼ to left side, step forward on right
5-8 Walk back on left, right, left, touch right next to left

ROLLING TURN RIGHT, TOUCH, STEP/PIVOT 1/8 TWICE

1-4 Make one full turn right on right, left, right, touch left next to right
5-8 Step forward on left, pivot 1/8 right, step forward on left, pivot 1/8 right

ROLLING TURN LEFT, TOUCH, STEP/PIVOT 1/8 TWICE

1-4 Make one full turn left on left, right, left, touch right next to left
5-8 Step forward on right, pivot 1/8 left, step forward on right, pivot 1/8 left

REPEAT

TAG

On third and sixth wall, omit steps 33-48 (i.e. Leaving out rolling turns and pivots).