

Wan-A-Go-Go

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 4 級數: Intermediate
編舞者: Carole Daugherty (USA)
音樂: Going to a Go-Go - Smokey Robinson & The Miracles



Sequence: BA, BC, BA, BC, BBC, BA, BC, BBB

PART A

Always danced during main vocals

DIAGONAL FORWARD HOPS: RIGHT, LEFT, STEP BACK: RIGHT, LEFT, OUT-OUT-IN-IN

&1-2 Hop forward on right diagonal with right foot, touch left toes next to right, hold

&3-4 Hop forward on left diagonal with left foot, touch right toes next to left, hold

Styling: cool jerk arms

&5&6 Swivel left heel right while lifting right knee, step back on right foot, swivel right heel left while lifting left knee, step back on left foot

&7&8 Step out with right foot, step out with left foot, step in with right foot, step in with left foot

OUT-OUT 1/8 LEFT, BODY SHAKE, ¼ RIGHT BODY SHAKE

&1 Step out on right foot turning 1/8 left, step left foot in front of right

Body angles toward 10:00

2-3-4 Shimmy/wiggle body while lifting right arm in an arc (back stroke)

5-6-7-8 Twist heels ¼ right, shimmy/wiggle body while lifting left arm in an arc (back stroke)

Body angles toward 2:00

BALL-CROSS-BALL-CROSS, ¼ RIGHT HEEL DROPS 2XS, CROSS, LIFT, CROSS, LIFT

&1&2 Step ball of right next to left, step left across right, step ball of right next to left, step left across right

Styling: accentuate by allowing shoulders to tip during ball crosses

3-4 Rise up on balls of both feet to turn ¼ right dropping heels, repeat to take weight right

5-6-7-8 Step left forward across right, hitch right hip crossing knee over left angling left, step right forward across left, hitch left hip crossing knee over right

¼ POINT, ¼ HITCH POINT, LEFT SWIVELS, FLICK, RIGHT SWIVELS, FLICK, LEFT SWIVELS, FLICK

&1&2 Turn ¼ right on right, point left toes left, turn ¼ right on right, point left toes left

3&4 Press left toes and swivel heel left with bent knee, center heel, swivel heel left to weight

&5&6 Flick right foot behind left knee, press right toes out swiveling heel right with bent knee, center heel, swivel heel right to weight

&7&8&8 Flick left foot behind right knee, press left toes swiveling heel left with bent knee, center heel, swivel heel left to weight, flick right foot slightly behind left

Styling: snap fingers on matching hand, bending elbow and travel slightly forward during heel swivels

PART B

Always danced during "going to a go-go" vocals and instrumental sections

FORWARD CROSSING SAILORS: RIGHT, LEFT, RIGHT, LEFT

1&2 Angled left: step right forward across left, step left to left side, step slightly right angled right

3&4 Angled right: step left forward across right, step right to right side, step slightly left angled left

5&6-7&8 Repeat counts 1-4

Option: lean forward slightly snap fingers on even counts, hands at waist, or rising up from sides. These 8 counts are easy to vary, for example, cross points, pony steps, struts, etc.

ROCK, RECOVER, RIGHT TRIPLE ½ RIGHT, STEP, PIVOT ½ RIGHT, LEFT TRIPLE FORWARD

1-2 Rock forward on right foot, recover on left foot

Styling: twist while rocking forward and recovering

- 3&4 Turn ½ right stepping right, left, right
5-6 Step forward on left foot, pivot ½ right onto right foot
7&8 Step forward on left, step right next to left, step forward on left

PART C

Always danced during break

ROCK, RECOVER, STEP BACK, DRAG, ALTERNATING KNEE POPS WITH HOLDS, STEP, TWIST ¼

- 1-2 Rock forward on right foot, recover onto left foot
3-4 Take a large step back on right foot, drag left foot back towards right
&5-6 Step down on left, pop right knee, hold
&7-8-1 Step down on right, pop left knee, hold (8-1)
&2&3-4&5 Step down on left, pop right knee, step down on right, pop left knee, hold, step down on left, pop right knee
6 Press into right toes to center weight
&7&8 Swivel/wriggle ¼ left keeping weight left

Counting gets tricky in this part - let the music move ya - add arms & go-go with the beat 

Thanks to my talented friend, Frank Cooper, and his counting genius, for helping me with part C!
