

# Wam Bam-A-Lam

拍數: 0                      牆數: 2                      級數: Intermediate  
編舞者: Connie van den Bos (NL)  
音樂: Wig Wam Bam - The Deans



Sequence: A, B, A, B, A, B, A, B, B, B

## PART A

### RUN (RIGHT, LEFT), ROCK STEP, TRIPLE TURN ½ RIGHT, ROCK STEP

1-2                      Step forward on right, step forward on left  
3-4                      Rock forward on right, recover weight on left  
5&6                      Turn ¼ right, step right to right side, close left beside right, turn ¼ right, step right forward  
7-8                      Rock forward on left, recover weight on right

#### Advanced option counts 1-8

### FULL TURN LEFT, ROCK STEP, TRIPLE TURN ½ RIGHT, ROCK STEP

1-2                      On ball of left turn ½ left and step back on right on ball of right turn ½ left and step forward on left  
3-4                      Rock forward on right, recover weight on left  
5&6                      Turn ¼ right, step right to right side, close left beside right, turn ¼ right, step right forward  
7-8                      Rock forward on left, shift weight on right

### BACK RUN, BACK ROCK, TRIPLE TURN ½ RIGHT, BACK ROCK

1-2                      Step back on left, step back on right  
3-4                      Rock back on left, recover weight on right  
5&6                      Turn ¼ right, step left to left side, close right beside left, turn ¼ right, step left back  
7-8                      Rock back on right, recover weight on left

#### Advanced option counts 9-16

### FULL TURN LEFT, BACK ROCK, TRIPLE TURN ½ RIGHT, BACK ROCK

1-2                      On ball of right turn ½ left and step forward on left, on ball of left turn ½ left and step back on right  
3-4                      Rock back on left, recover weight on right  
5&6                      Turn ¼ right, step left to left side, close right beside left, turn ¼ right, step left back  
7-8                      Rock back on right, recover weight on left

### POINT, CROSS, POINT, CROSS, ROCK STEP, ¼ TURN RIGHT, CHASSE

1-2                      Point right toe to right side, cross step right over left  
3-4                      Point left toe to left side, cross step left over right  
5-6                      Rock forward on right, recover weight on left  
7&8                      Turn ¼ right, step right to right side, close left beside right, step right to right side

### PIVOT TURN ½, TOE STRUT, PIVOT TURN ¼, SYNC. WEAVE

1-2                      Step forward on left, turn ½ right shifting weight to right  
3-4                      Step forward on left toe, step left heel down  
5-6                      Step forward on right, turn ¼ left shifting weight to left  
7&8                      Step right across left, step left to left side, step right behind left

### SIDE ROCK WITH ¼ TURN RIGHT, KICK-BALL-TOUCH, ELECTRIC ROCK

1-2                      Rock left to left side, turn ¼ right shifting weight to right  
3&4                      Kick left, step left beside right, touch right beside left  
5-6                      Rock right forward, recover weight back to left  
7-8                      Rock right back, recover weight back to left

## **PART B**

### **SYNC. UP AND DOWN HIP BUMPS, ROCK STEP, TRIPLE TURN ½ LEFT**

- 1& Step forward on right toe as you bump your right hip forward up, bump hip back
- 2& Bump your right hip forward down, bump hip back (your hips draw a letter 'C' in the air)
- 3&4 Bump your right hip forward up, bump hip back, bump your right hip forward down and step right heel down
- 5-6 Rock forward on left, recover weight on right
- 7&8 Turn ¼ left, step left to left side, close right beside left, turn ¼ left, step left forward

### **HEEL SWITCHES, CLAP, SAILOR STEPS**

- 1&2 Touch right heel forward, close right beside left, touch left heel forward
- &3-4 Close left beside right, touch right heel forward, clap
- 5&6 Step right behind left, step left to left side, step right back in place
- 7&8 Step left behind right, step right to right side, step left back in place

### **SYNC. UP AND DOWN HIP BUMPS, ROCK STEP, TRIPLE TURN ½ LEFT**

- 1& Step forward on right toe as you bump your right hip forward up, bump hip back
- 2& Bump your right hip forward down, bump hip back (your hips draw a letter 'C' in the air)
- 3&4 Bump your right hip forward up, bump hip back, bump your right hip forward down and step right heel down
- 5-6 Rock forward on left, recover weight on right
- 7&8 Turn ¼ left, step left to left side, close right beside left, turn ¼ left, step left forward

### **SYNC. JUMP, CLAP, SYNC. JUMP BACK, CLAP, OUT, OUT, IN, IN, HEEL BOUNCES**

- &1-2 Jump right forward, jump left forward, clap
- &3-4 Jump right back, jump left back, clap
- &5&6 Small step right to right, small step left to left, step right in place, step left in place
- &7&8 Bounce heels up and down, bounce heels up and down

### **SIDE ROCK WITH TURN ¼ LEFT, SHUFFLE, ROCK STEP, COASTER STEP**

- 1-2 Rock right to right side, turn ¼ left shifting weight back to left
- 3&4 Step right forward, close left to right, step right forward
- 5-6 Rock left forward, recover weight on right
- 7&8 Step left back, close right beside left, step left forward

**Dance part a to 12:00 and 6:00 (front & back wall) dance part b to 9:00 and 3:00 (left en right wall) for the end of the dance you do 3 times the B part to 3:00, 12:00 and 9:00 you end at 6:00 (back wall)**

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