

Wam A Lam A Bam A Lam A

COPPER KNOB
BY STEPHEN

拍數: 0 牆數: 4 級數: Intermediate
編舞者: Harry Seddon (UK)
音樂: Rock 'N' Roll Is King - Electric Light Orchestra



Sequence: AAB, AAB, AA (Dance through the silence towards the end of the final section)

PART A

3 X DWIGHTS RIGHT, HOLD. TWICE

- 1 Touch right toes alongside left foot while moving left heel to right
- 2 Touch right heel alongside left foot while moving left toes to right
- 3-4 Touch right toes alongside left foot while moving left heel to right, hold
- 5-8 Repeat 1st 4 counts leading with right heel

¼ TURN RIGHT, TOUCH, STEP BACK, TOUCH TWICE

- 1-2 Step right ¼ turn right, touch left alongside right
- 3-4 Step back on left, touch right alongside left
- 5-8 Repeat 1-4

¼ TURN RIGHT, STEP ALONGSIDE, ½ HINGE TURN RIGHT TWICE, WEAVE TO LEFT, HOLD

- 1-2 Step right ¼ turn to right, step left to left side
- 3-4 ½ hinge turn right stepping right to right side, ½ hinge turn right stepping left to left side
- 5-6 Cross step right behind left, step left to left side
- 7-8 Cross step right over left, hold

LEFT, LOCK, LEFT FORWARD, HOLD, ½ TURN LEFT, BACK, LOCK, BACK, HOLD

- 1-2 Step left forward, lock right behind left
- 3-4 Step left forward, hold
- &5-6 ½ turn left, step back on right, lock left in front of right
- 7-8 Step back on right, hold

TOUCH BACK, BEND KNEES, ½ PIVOT, STAND, STEP FORWARD, BEND KNEES, ½ PIVOT, STAND

- 1-2 Touch left back, bend both knees
- 3-4 ½ reverse pivot turn left, stand up
- 5-6 Step forward on right, bend both knees
- 7-8 ½ pivot turn left, stand up

STEP FORWARD, HOLD, ½ TURN, ½ TURN, TWICE

- 1-2 Step forward on right, hold
- 3-4 ½ turn right stepping back on left, ½ turn right stepping forward on right
- 5-6 Step forward on left, hold
- 7-8 ½ turn left stepping back on right, ½ turn left stepping forward on left

REPEAT SECTION 2 OMITTING THE ¼ TURN RIGHT ON STEP 1

- 1-2 Step forward on right, touch left alongside
- 3-4 Step back on left, touch right alongside
- 5-6 Step right ¼ turn right, touch left alongside
- 7-8 Step back on left, touch right alongside

REPEAT SECTION 3 REPLACING THE HOLD ON STEP 8 WITH STEP LEFT TO LEFT SIDE

- 1-2 Step right ¼ turn right, step left to left side
- 3-4 ½ hinge turn right stepping right to right side, ½ hinge turn right stepping left to left side

- 5-6 Cross step right behind left, step left to left side
7-8 Cross step right over left, step left to left side

PART B

Danced facing back & front

STEP, HOLD, ½ PIVOT, HOLD, TWICE

- 1-2 Step right forward, hold
3-4 ½ pivot turn left, hold
5-8 Repeat 1-4

½ FIGURE OF EIGHT VINE

- 1-2 Step right to right side, cross step left behind right
3-4 Step right ¼ turn right, step left forward
5-6 ½ pivot turn right, ¼ turn right stepping left to left side
7-8 Cross step right behind left, step left to left side

½ FIGURE OF EIGHT VINE

- 1-2 Cross step right behind left, step left ¼ turn left
3-4 Step forward on right, ½ pivot turn left
5-6 ¼ turn left stepping right to right side, cross step left behind right
7-8 Step right to right side, cross step left over right

(REPEAT SECTION 1 OF PART B) STEP, HOLD, ½ PIVOT, HOLD, TWICE

- 1-2 Step right forward, hold
3-4 ½ pivot turn left, hold
5-8 Repeat 1-4 above

STEP, ½ PIVOT, TWICE

- 1-2 Step right forward, ½ pivot turn left
3-4 Step right forward, ½ pivot turn left
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