

Waltzing Solo

拍數: 48 牆數: 2 級數: Improver waltz
編舞者: Marie Lake
音樂: Just Leave Me Alone - Heather Myles



WALTZ BOX

1-3 Forward left, step side right, step left next to right
4-6 Step back on right, step side left, step right next to left

LEFT SIDE, BACK ROCK, RIGHT SIDE, BACK ROCK

7-9 Step left to side, rock back on right, recover weight to left
10-12 Step right to side, rock back on left, recover weight to right

DIAMOND WALTZ (WALTZ TO DIAGONAL)

13-15 Turn 1/8 turn left step forward, step right next to left, step left next to right
16-18 Turn 1/4 left step back on right, step left next to right, step right next to left
19-21 Turn 1/4 left step forward left, step right next to left, step left next to right
22-24 Turn 1/4 left step back on right, step left next to right, step right next to left (straighten to original wall)

CROSS, SIDE CHASSE, CROSS, SIDE CHASSE

25-26&27 Cross left over right, small side shuffle to right (right-left-right)
28-29&30 Cross left over right, small side shuffle to right (right-left-right)

WALTZ FORWARD, WALTZ BACK 1/2 TURN LEFT

31-33 Step forward left, step right by left, left by right
34-36 Step back on right, make a 1/2 turn left stepping forward on left, step right by left

WALTZ FORWARD 1/2 TURN LEFT, BACK WALTZ

37-39 Step forward left, 1/2 turn left step right by left, step left next to right
40-42 Step back on right, step left by right, step right by left

WALTZ FORWARD 1/2 TURN LEFT, BACK WALTZ

43-45 Step forward left, 1/2 turn left step right by left, step left next to right
46-48 Step back on right, step left by right, step right by left

REPEAT

RESTART

On wall 4 dance to count 42, then restart (leave out last 6 counts) facing back wall

ENDING

Dance to count 36, step forward on left, drag right to left