

Waltzing In The Kitchen (L/P)

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver line/partner dance
編舞者: Joan Dodd (USA)
音樂: Any Slow To Moderate Waltz Tempo



FORWARD AND BACK WALTZES

1-6 Starting with the left foot, waltz forward (left, right, left) and back, (right, left, right)

ONE-HALF TURN LEFT AND BACKUP WALTZ TWICE

7-12 Step forward with left foot, step on right foot while turning left one-half, then step back on left foot, backup waltz (right, left, right)

13-18 Repeat steps 7-12

TWINKLES RIGHT AND LEFT

19-21 Angling body slightly to right, step left foot across right taking weight on left then step right and left in place returning to face front

22-24 Angling body slightly to left, step right across left taking weight on right then step left and right in place returning to face front

WALTZ BOX

25-30 Step forward on left foot, step to right on right, step left alongside right, step back on right foot, step left on left and right alongside left

BALANCES LEFT AND RIGHT

31-33 Step left foot to left, step right behind left rising up slightly on the balls of both feet, then step down with weight on left foot

34-36 Step right foot to right, step left behind right rising up slightly on the balls of both feet, then step down with weight on right foot

FORWARD AND BACK WALTZES

37-42 Starting with the left foot, waltz forward (left, right, left) and back (right, left, right)

ONE-FOURTH LEFT TURN AND BACKUP WALTZ

43-45 Step forward on left foot while turning $\frac{1}{4}$ turn left, step to the right on right foot and step left alongside right

46-48 Starting with right foot waltz backward (right, left, right)

REPEAT
