Waltz With Me (P)



拍數: 42 牆數: 0 級數: Partner

編舞者: Charlie Milne (CAN)

音樂: I Meant Every Word He Said - Ricky Van Shelton



Position: Basic Position or Closed Dance Position

WALTZ BALANCE

Does not progress around the dance floor

1-3 MAN: Step forward on left foot, step right foot to left foot & step in place on left foot

LADY: Step back on right foot, step left foot to right foot & step in place on right foot

Man will indicate to the lady that he wants her to step toward him as he backs up by gently pulling her towards him

4-6 MAN: Step back on right foot, step left foot to right foot & step in place on right foot

LADY: Step forward on left foot, step right foot to left foot & step in place on left foot

Man will put some resistance in his lead (left) hand and on his partner's shoulder to indicate to the lady that she is to back up

1-6 Repeat waltz balance (as above)

LADY TURNS TO HER RIGHT

1-3 MAN: Step forward on left foot, step right foot to left foot & step in place on left foot

LADY: Starts turn to the right with her right foot, continues turn with next step on left foot &

completes the turn on the right foot

Man will indicate to his partner that he will be turning her to her right under their joined hands by pulling her gently towards him with his right hand and raising his left (lead) hand in the air Partners are now again facing each other in closed dance position

2 WALTZ BASICS

4-6 MAN: Step forward on right foot, step left foot to right foot & step in place on right foot

LADY: Step back on left foot, step right foot to left foot & step left foot in place

1-3 MAN: Step forward on left foot, step right foot to left foot & step in place on left foot

LADY: Step back on right foot, step left foot to right foot & step in place on right foot

LADY TURNS TO HER LEFT

4-6 MAN: Step forward on right foot, step left foot to right foot & step in place on right foot

LADY: Start left turn with left foot, continue left turn with right foot & complete the turn on left

foot

Man indicates that he will be turning his partner by taking his right hand away from her and crossing his left hand in front of her to indicate a turn to her left

Partners are now facing each other in closed dance position

BASIC WITH OPEN ARMS

Man will slide his right hand down the lady's left arm and take her left hand and outstretch both arms to sides, as..

1-3 MAN: Step forward on left foot, step right foot to left foot & step left foot in place

LADY: Step back on right foot, step left foot to right foot & step right foot in place

LADY TURNS LEFT - IN FRONT OF PARTNER

Man, with her hands still in his, will raise hands in the air. To indicate the lady is to turn to her left he will have his right hand below his left hand. Her hands will rotate under his hands - palms flat - while she turns

4-6 MAN: Step forward on right foot, step left foot to right foot & step in place on right foot

LADY: Starts to turn to left with left foot, continues turn on right foot & she steps in place on

the left foot

4, 1/4 WALTZ TURNS - LEFT FACE

Closed dance position is regained prior to starting the following turns

1-3 **MAN:** Step forward into a ¼ turn to left with left foot, step right foot to left foot, step right foot in place

LADY: Step back into a reverse ¼ turn to her right on right foot, step left foot to right foot & step right foot in place

4-6 **MAN:** Step back into a reverse ½ turn to his right on his right foot, step left foot to right foot & step right foot in place

LADY: Step forward into a ¼ turn to her left on her left foot, step right foot to left foot & step in place on left foot

1-3 **MAN:** Step forward into a ¼ turn to left with left foot, step right foot to left foot, step right foot in place

LADY: Step back into a reverse ¼ turn to her right on right foot, step left foot to right foot & step right foot in place

4-6 **MAN:** Step back into a reverse ½ turn to his right on his right foot, step left foot to right foot & step right foot in place

LADY: Step forward into a ¼ turn to her left on her left foot, step right foot to left foot & step in place on left foot

REPEAT