

# Waltz Out Of My Life (P)

COPPERKNOB  
STEPSHEETS

拍數: 48      牆數: 0      級數: Partner  
編舞者: Chris Malpass & Andy Malpass  
音樂: Don't Let Your Feet Slow You Down - Rodney Crowell



**Position: Starting in Right Side by Side position. Same footwork except when stated**

## TWINKLES TWICE

1-3            Cross left over right, step right next to left, step left next to right  
4-6            Cross right over left, step left next to right, step right next to left

## STEP ¼ TURN, SIDE ROCK, ¼ TURN, STEP PIVOT ¼ TURN, CROSS STEP

7-9            Step forward on left ¼ turn left, step and rock right to right side, turning ¼ left, recover onto left  
10-12        Step forward on right, pivot ¼ turn left, cross right over left

**On counts 7-9 release left hands, take right hands over lady's head. Rejoin left hands in Reverse Indian Position. On counts 10-12 release right hands, take left hands over lady's head. Rejoin right hands in Indian Position**

## ¾ TURN RIGHT, STEP FORWARD, BASIC FORWARD

13-15        Step back on left ¼ turn right, pivot ½ turn right stepping forward on right, step forward on left  
16-18        Step forward right, left, right

**On counts 13-15 release left hands, both turn under right hands. Rejoin left hands in right side by side**

## MAN: BEHIND, SIDE, TOGETHER / LADY: FULL TURN LEFT

19-21        **MAN:** Cross left behind right, step right to right side, step left next to right  
**LADY:** Step left, right, left across front of man changing places

**On counts 19-21 release right hands. Using a circular motion, sweep left hands down, then up and over lady's head. Rejoin right hands in Left Side By Side**

## STEP, PIVOT ½ TURN, STEP FORWARD

22-24        Step forward on right, pivot ½ turn left, step forward on right

**Now in Right Side By Side**

## MAN: BEHIND, SIDE, TOGETHER, BASIC FORWARD

25-27        Repeat counts 19-21  
28-30        **BOTH:** Step forward right, left, right

## STEP ¼ TURN, POINT, HOLD, ¼ TURN TWINKLE

31-33        Step forward on left ¼ turn left, point right to right side, hold

**Raise left hands, lower right to form an arch**

34-36        Cross right over left ¼ turn left, step left next to right, step right next to left

## LADY: FULL TURN LEFT, BASIC FORWARD

25-27        Repeat counts 19-21  
28-30        **BOTH:** Step forward right, left, right

## STEP ¼ TURN, POINT, HOLD, ¼ TURN TWINKLE

31-33        Step forward on left ¼ turn right, point right to right side, hold

34-36        Cross right over left ¼ turn right, step left next to right, step right next to left

**Man passes under left hands, lady now behind man. Both facing LOD. Bring hands to shoulder height**

## MAN: STEP ¼ TURN, POINT, HOLD, ¼ TURN TWINKLE

37-39 Repeat counts 31-33

**Raise right hands, lower left to form an arch**

40-42 Repeat counts 34-36

**LADY: STEP ¼ TURN, POINT, HOLD, ¼ TURN TWINKLE**

37-39 Repeat counts 31-33

40-42 Repeat counts 34-36

**Man then lady pass under right hands ending in left side by side**

**STEP, PIVOT ½ TURN, STEP FORWARD, BASIC FORWARD**

43-45 Step forward on left, pivot ½ turn right, step forward on left

46-48 Step forward right, left, right

**On count 43-45 release left hands, both turn under raised right hands**

**Rejoin left hands in Right Side By Side**

**REPEAT**

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