

Waltz Out Of My Life (P)

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 0 級數: Partner
編舞者: Chris Malpass & Andy Malpass
音樂: Don't Let Your Feet Slow You Down - Rodney Crowell



Position: Starting in Right Side by Side position. Same footwork except when stated

TWINKLES TWICE

1-3 Cross left over right, step right next to left, step left next to right
4-6 Cross right over left, step left next to right, step right next to left

STEP ¼ TURN, SIDE ROCK, ¼ TURN, STEP PIVOT ¼ TURN, CROSS STEP

7-9 Step forward on left ¼ turn left, step and rock right to right side, turning ¼ left, recover onto left
10-12 Step forward on right, pivot ¼ turn left, cross right over left

On counts 7-9 release left hands, take right hands over lady's head. Rejoin left hands in Reverse Indian Position. On counts 10-12 release right hands, take left hands over lady's head. Rejoin right hands in Indian Position

¾ TURN RIGHT, STEP FORWARD, BASIC FORWARD

13-15 Step back on left ¼ turn right, pivot ½ turn right stepping forward on right, step forward on left
16-18 Step forward right, left, right

On counts 13-15 release left hands, both turn under right hands. Rejoin left hands in right side by side

MAN: BEHIND, SIDE, TOGETHER / LADY: FULL TURN LEFT

19-21 **MAN:** Cross left behind right, step right to right side, step left next to right
 LADY: Step left, right, left across front of man changing places

On counts 19-21 release right hands. Using a circular motion, sweep left hands down, then up and over lady's head. Rejoin right hands in Left Side By Side

STEP, PIVOT ½ TURN, STEP FORWARD

22-24 Step forward on right, pivot ½ turn left, step forward on right
Now in Right Side By Side

MAN: BEHIND, SIDE, TOGETHER, BASIC FORWARD

25-27 Repeat counts 19-21
28-30 **BOTH:** Step forward right, left, right

STEP ¼ TURN, POINT, HOLD, ¼ TURN TWINKLE

31-33 Step forward on left ¼ turn left, point right to right side, hold
Raise left hands, lower right to form an arch
34-36 Cross right over left ¼ turn left, step left next to right, step right next to left

LADY: FULL TURN LEFT, BASIC FORWARD

25-27 Repeat counts 19-21
28-30 **BOTH:** Step forward right, left, right

STEP ¼ TURN, POINT, HOLD, ¼ TURN TWINKLE

31-33 Step forward on left ¼ turn right, point right to right side, hold
34-36 Cross right over left ¼ turn right, step left next to right, step right next to left
Man passes under left hands, lady now behind man. Both facing LOD. Bring hands to shoulder height

MAN: STEP ¼ TURN, POINT, HOLD, ¼ TURN TWINKLE

37-39 Repeat counts 31-33

Raise right hands, lower left to form an arch

40-42 Repeat counts 34-36

LADY: STEP ¼ TURN, POINT, HOLD, ¼ TURN TWINKLE

37-39 Repeat counts 31-33

40-42 Repeat counts 34-36

Man then lady pass under right hands ending in left side by side

STEP, PIVOT ½ TURN, STEP FORWARD, BASIC FORWARD

43-45 Step forward on left, pivot ½ turn right, step forward on left

46-48 Step forward right, left, right

On count 43-45 release left hands, both turn under raised right hands

Rejoin left hands in Right Side By Side

REPEAT
