

Waltz Is The Key

COPPER KNOB
STEPSHEETS

拍數: 575 牆數: 0 級數: Advanced
編舞者: Max Perry (USA)
音樂: Music Is The Key - Sarah Connor



SECTION I. THE VERSE

SIDE, ROCK STEP, SIDE, WALK AROUND TURN RIGHT, SIDE, WALK AROUND TURN LEFT, SIDE, ROCK STEP

Called: "side, rock and a side, turn and a side, turn and a side, rock and a"

1-2-3 Step left to left side, hold (2-3)

4-5-6 Rock right behind left, hold, step left in place (recover)

7-8-9 Step right to right side, hold (2-3)

10-11-12 Step left forward and across right, turn 360 right twisting on the balls of both feet, transfer weight to right foot

13-14-15 Step left to left side, hold (2-3)

16-17-18 Step right forward and across left, turn 360 left twisting on the balls of both feet, transfer weight to left foot

19-20-21 Step right to right side, hold (2-3)

22-23-24 Rock left behind right, hold, step right in place (recover)

TURN ¼ LEFT, 2 X CROSS ROCK SIDE, CROSS BACK SIDE TURNING ½ LEFT, CROSS ROCK, STEP SIDE

25-26-27 Turn ¼ left to 9:00 and step left forward and across right, hold (2-3)

28-29-30 Rock right to right side, hold, step left in place (recover)

31-32-33 Step right forward and across left, hold (2-3)

34-35-36 Rock left to left side, hold, step right in place (recover)

37-38-39 Step left forward and across right, start to turn left (2-3)

40-41-42 Step right back turning left, hold, step left to left side

Total amount of turn is ½. Now facing 3:00

43-44-45 Cross rock right over left, hold (2-3)

46-47-48 Step left in place (recover), hold, step right to right side

THREE SLOW WALKS FORWARD, ½ PIVOT TURN RIGHT

49-50-51 Step left forward, hold (2-3)

52-53-54 Step right forward, hold (5-6)

55-56-57 Step left forward, hold (2-3)

58-59-60 Step right forward, step left forward & turn ½ right, step right in place

THREE SLOW WALKS FORWARD, ¼ PIVOT TURN RIGHT

61-62-63 Step left forward, hold (2-3)

64-65-66 Step right forward, hold (5-6)

67-68-69 Step left forward, hold (2-3)

70-71-72 Step right forward, step left forward & turn ¼ right, step right in place (face 12:00)

CROSS, HOLD, POINT, HOLD, CROSS, ½ SWEEP, POINT, HOLD

73-74-75 Step left forward & across right, hold (2-3)

76-77-78 Point right toe to right side, hold (5-6)

79-80-81 Step right forward, turn ½ right (2-3)

82-83-84 Point left toe to left side, hold (5-6)

CROSS ROCK SIDE TWICE, CROSS UNWIND TURNING ½ RIGHT

85-86-87 Cross rock left over right, step right in place, step left to left side

88-89-90 Cross rock right over left, step left in place, step right to right side

91-92-93 Cross left over right, hold (2-3)

94-95-96 Unwind turning ½ right ending with weight on right (face 12:00)

STEP FORWARD, BRUSH FORWARD, HITCH, STEP BACK, CROSS, BACK, ¼ TURN LEFT, SIDE, CROSS UNWIND TURNING ¾ LEFT

97-98-99 Step left forward, brush right forward & up off floor into a kick, bend right knee

100-101-102 Step right back, cross left over right (lock), step right back

103-104-105 Turn ¼ left & step left to left side (face 9:00), hold (2-3)

106-107-108 Cross right over left, unwind ¾ left ending with weight on right foot (5-6)

THREE SLOW WALKS FORWARD, RIGHT COASTER STEP

109-110-111 Step left forward, hold (2-3)

112-113-114 Step right forward, hold (5-6)

115-116-117 Step left forward, hold (2-3)

118-119-120 Step right back, step left next to right, step right forward (should face 12:00)

SECTION II. THE CHORUS**FORWARD SIDE CROSS, BACK FORWARD TOGETHER TURNING ½ LEFT**

121-122-123 Step left forward turning ¼ left, step right to right side (ball of foot), turn ¼ left as you cross left over right (lock)

124-125-126 Step right back turning ½ left, step left forward, step right up next to left

CONTRA CHECK, SLIP PIVOT, ½ TWIST RONDE' SWEEP CROSS, ½ TURN POINT, CROSS FULL TURN

127-128-129 Step left forward (slight lunge), hold (2-3)

130-131-132 Step right in place (recover weight), step left back & turn ½ right, step right forward

133-134-135 Step left forward turning ½ right and at the same time point right toe to right side (you should be facing 12:00), hold (2-3)

136-137-138 Cross right behind left turning right, step left in place turning right, step right in place turning right

Total of ½ turn right over counts 4-5-6 (face 6:00)

139-140-141 Point left toe to left side, hold (2-3)

142-143-144 Cross left behind right turning left, step right in place turning left, step left in place

Total amount of turn is full 360 over counts 4-5-6 (face 6:00)

STEP SIDE, SAILOR STEP, STEP DIAGONALLY FORWARD, TURN ¼ KICK FORWARD, TRAVELING 360 TURN, SIDE, SAILOR STEP, STEP FORWARD TURNING ¼ LEFT

145-146-147 Step right to right side, hold (2-3)

148-149-150 Cross left behind right, step right to right side, step left in place (turn 1/8 left to 5:00)

151-152-153 Step right diagonally forward, hold (2-3)

154-155-156 Turn ¼ to face 7:00 and kick left forward and across right, hold (5-6)

157-158-159 Step left forward turning left, step right back turning left, step left forward

160-161-162 Step right to right side, hold (5-6)

You should have completed just over a 360 turn (should now be facing 6:00)

163-164-165 Cross left behind right, step right to right side, step left in place

Should turn ¼ left now facing 3:00

166-167-168 Step right forward, hold (5-6)

169-216 Repeat chorus from beginning of SECTION II

TWO SLOW WALKS FORWARD, ½ PIVOT TURN RIGHT

217-218-219 Step left forward, hold (2-3)

220-221-222 Step right forward, hold (5-6)

223-224-225 Step left forward, turn ½ right (2-3)

226-227-228 Step right in place, hold (5-6)

229-276 Repeat verse (SECTION I) counts 1-48

277-300 Repeat verse (SECTION I) counts 97-120 (step brush)

301-396 Repeat chorus (SECTION II) counts 121-216

SECTION III. THE BRIDGE

FORWARD TURNING ¼ LEFT, SIDE, CROSS IN FRONT X 4

397-398-399 Step left forward turning ¼ left, hold, step right to right side

400-401-402 Cross left over right, hold (5-6)

403-404-405 Step right back turning ¼ left, hold, step left to left side

406-407-408 Cross right over left, hold (5-6)

409-420 Repeat counts 397-408 (12 counts above)

LEFT SIDE ROCK, FULL SPIN RIGHT (IN PLACE) FEET TOGETHER, RIGHT SIDE ROCK, FULL SPIN LEFT, FEET TOGETHER (PLATFORM OR PENCIL TURNS)

421-422-423 Rock left to left side, hold (2-3) (facing 9:00)

424-425-426 Recover weight to right & spin 360 right with feet together

427-428-429 Rock right to right side, hold (2-3)

430-431-432 Recover weight to left & spin 360 left with feet together (facing 9:00)

SIDE, CROSS ROCK, SIDE, WALK AROUND TURN (¾), WALK FORWARD, FORWARD

433-434-435 Step left to left side, hold (2-3)

436-437-438 Cross rock right over left, hold, step left in place (recover)

439-440-441 Step right to right side, hold (2-3)

442-443-444 Cross left over right turning ¾ right (4-5), step right in place

445-446-447 Step left forward, hold (2-3)

448-449-450 Step right forward, hold (5-6)

Should be facing 6:00

451-546 Repeat chorus (SECTION II) counts 121-216 (48 counts twice)

547-594 Repeat chorus (SECTION II) counts 121-168 (48 counts)

595-618 Repeat verse(SECTION I) counts 49-72 (24 counts)

END POSE

619-620-621 Step left forward, hold (2-3)

622-623-624 Continue to hold

You may raise one or both arms up and out to side or whatever

Yes, I know this looks horrible, but once you get used to the rhythm, it is not bad. Remember, that this is an advanced dance, so unless you are advanced, don't ask for detailed explanations over the internet. I don't mind answering questions to help clarify a section of a dance, but I will not give you a lesson via e-mail.

Most of the patterns in this dance are quite common to advanced dancers, and should only take about 45 minutes to 1 hour for the teach.

-- Max Perry
