

Waltz 'n' Sway (P)

COPPERKNOB
STEPSHEETS

拍數: 24 牆數: 0 級數: Partner
編舞者: Adrian Lacamp (UK)
音樂: Three Hearts In a Tangle - Roy Drusky



Position: Modified Cape or any side by side position. Start facing OLOD
Too many people try to 'sway' to a waltz beat. This dance looks like the sway, but isn't, quite. Man and lady steps are the same unless otherwise stated

BOTH

- 1 Step left foot to left side
- 2 Touch right foot beside left
- 3 Hold beat (for effect on holds, raise up on toes)

- 4 Step right foot to right side
- 5 Touch left foot beside right
- 6 Hold beat

- 7-9 Repeat steps 1-3

- 10 Step right foot $\frac{1}{4}$ turn right to right side (facing RLOD)
- 11 Brush left foot forward
- 12 Hitch left knee

- 13 Step left foot back $\frac{1}{4}$ turn left (now facing OLOD again)
- 14 Step right foot behind left
- 15 Step left foot beside right

MAN

- 16 Step left foot diagonally back and to the left
- 17 Stepping right beside left, bow to the lady
- 18 Hold the bow
- 19 Regain upright position
- 20 Step slightly forward on right (to meet your lady)
- 21 Step left foot to left side (start of grapevine left)
- 22 Step right foot behind left foot
- 23 Step left foot to left side
- 24 Step right foot beside left

LADY

- 16 Step left foot $\frac{1}{4}$ turn to the left
- 17 Pivoting $\frac{1}{4}$ turn on left foot, step right foot beside left
- 18 Touching right foot slightly back, 'bob' an curtsy to your man
- 19 Regain upright position
- 20 Step slightly forward on left (to meet your man)
- 21 Step right foot to right side (start of grapevine right with $\frac{1}{2}$ turn)
- 22 Step left behind left foot
- 23 Step right foot $\frac{1}{4}$ turn to right
- 24 Touch left foot beside right (completing the $\frac{1}{2}$ turn and keep weight on right foot)

REPEAT

Hand positions are entirely up to the couple dancing and their start positions.
