# Walkin' On Me



拍數: 32 牆數: 4 級數:

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音樂: Walkin' On Me (He Man Mix) - Big House



### VINE RIGHT WITH CROSS ROCK

1 Step right foot to right side

2 Cross (step) left foot behind right foot

3 Step right foot to right side

4 Crossing in front of right foot, rock forward onto left foot

#### SHIFT, STEP LEFT, CROSS ROCK AND HEEL

5-6 Rock (shift) weight back on to right foot; step left with left foot

7 Crossing in front of left foot, rock forward onto right foot (body is naturally angled to left-keep

this angle through count 9)

&8 Rock (shift) weight back to left foot; touch right heel forward (weight is on left-remember the

angle)

#### BALL, CROSS, STEP, AND TOUCH AND TOUCH

Step ball of right foot next to left

9 Cross (step) left foot in front of right foot (scissors position-weight is on left)

10 Step right foot forward towards 12 o'clock (angle has ended)

& Lift the left knee up

11 Pivoting on right foot, make 1/4 turn to right and touch left toe out to left side

&12 Repeat counts & 11 (weight is on right)

#### HALF TURN, AND KICK AND HEEL AND TOUCH

Pivoting on right foot, make a ½ turn (in place) to right, step left foot next to right foot with 13&

weight (facing 12 o'clock)

14 Kick right foot forward

&15 Step right foot back; touch left heel forward

&16 Step left foot to place; touch right toe next to left foot

#### STEP BACK, DRAG, OUT, OUT, CLAP

17 Take large step back with right foot

Keeping weight on right foot, drag left foot back ending next to right foot 18 &19

Step left foot under left shoulder; step right foot under right shoulder

20 Clap

# HIPS LEFT, RIGHT, LEFT, TURN 1/4

21-23 With knees slightly bent, sway hips left; sway hips right; sway hips left

24 Pushing right hip to right side, pivot a ¼ turn to left on ball of right foot (weight ends on right,

with left toe pointing forward-now facing 9 o'clock)

# BALL, STEP, PIVOT ½, STEP, TURN ½

&25 Step ball of left foot next to right foot; step forward onto right foot 26 Pivot ½ turn to left, shifting weight to left foot (now facing 3 o'clock) 27 Take small step forward with right foot (all weight over right)

28 Keeping weight on right foot, pivot ½ turn left on the ball of right foot (left shoulder will be

swinging back)

#### BACK, BACK, CLAP, BODY ROLL

& Step back on left foot
Step right foot even with and a shoulder's width apart from left foot

30 Clap

31-32 Two count body roll (ending with weight on left)

# **REPEAT**