

Walkin' In Paradise (P)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Partner
編舞者: Rick Bates (USA) & Deborah Bates (USA)
音樂: Almost Jamaica - The Bellamy Brothers



Position: partners start in challenge position about 4 feet apart. Partners face each other, hands down at sides

STOMPS, HOLDS, WALK, WALK, WALK, WALK

1-2 **MAN:** Stomp forward on right foot and slap right hand to lady's left hand at shoulder level; hold
 LADY: Stomp forward on left foot and slap left hand to man's right hand at shoulder level hold

Do not release hands

3-4 **MAN:** Stomp forward on left foot and slap left hand to lady's right hand at shoulder level; hold
 LADY: Stomp forward on right foot and slap right hand to man's left hand at shoulder level, hold

Do not release hands

5-6 **MAN:** Step forward on right foot; step forward on left foot
 LADY: Step back on left foot; step back on right foot
7-8 **MAN:** Step back on right foot; step back on left foot
 LADY: Step forward on left foot; step forward on right foot

SIDE ROCK STEPS, CROSSOVER CHA-CHA-CHAS

9-10 **MAN:** Step to the right on right foot; rock to the left onto left foot
 LADY: Step to the left on left foot; rock back onto right foot
11&12 **MAN:** Cross right foot over left and step; with feet crossed, slide left foot to the left; with feet crossed, step to the left on right foot
 LADY: Cross left foot over right and step; with feet crossed, slide right foot to the right; with feet crossed, step to the right on left foot
13-14 **MAN:** Step to the left on left foot; rock to the right onto right foot
 LADY: Step to the right on right foot; rock to the left onto left foot
15&16 **MAN:** Cross left foot over right and step; with feet crossed, slide right foot to the right; with feet crossed, step to the right on left foot
 LADY: Cross right foot over left and step; with feet crossed, slide left foot to the left; with feet crossed, step to the left on right foot

SIDE STEP, PIVOT, TURNING CHA-CHA-CHA, ROCK STEP, CHA-CHA-CHA

17-18 **MAN:** Step to the right on right foot; release left hand and pivot $\frac{1}{4}$ turn to the left on ball of right foot and shift weight to left foot
 LADY: Step to the left on left foot; release right hand and pivot $\frac{1}{4}$ turn to the right on ball of left foot and shift weight to right foot
19&20 **MAN:** Release right hand and cha-cha-cha (right, left, right) making a $\frac{3}{4}$ turn to the left on these steps
 LADY: Release left hand and cha-cha-cha (left, right, left) making a $\frac{3}{4}$ turn to the right on these steps

Rejoin hands in Double Hand Held Position

21-22 **MAN:** Step back on left foot; rock forward onto right foot
 LADY: Step forward on right foot; rock back onto left foot
23&24 **MAN:** Cha-cha-cha in place (left, right, left)
 LADY: Cha-cha-cha in place (right, left, right)

ROCK STEP, PIVOT, CHA-CHA-CHA, ROCK STEP, PIVOT, CHA-CHA-CHA

25-26 **MAN:** Step forward on right foot; rock back onto left foot

LADY: Step back on left foot; rock forward onto right foot

Release both hands

& **MAN:** Pivot ½ turn to the right on ball of left foot

LADY: Pivot ½ turn to the right on ball of right foot

27&28 **MAN:** Cha-cha-cha forward (right, left, right)

LADY: Cha-cha-cha in place (left, right, left)

29-30 **MAN:** Step forward on left foot; rock back onto right foot

LADY: Step back on right foot; rock forward onto left foot

& **MAN:** Pivot ½ turn to the left on ball of right foot

LADY: Pivot ½ turn to the left on ball of left foot

31&32 **MAN:** Cha-cha-cha in place (left, right, left)

LADY: Cha-cha-cha in place (right, left, right)

End in Challenge Position about 4 feet apart

REPEAT
