

Walking Backwards (Easy Version)

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Rosalie Mackay (AUS)
音樂: Walking Backwards - Brandon Sandefur



BACK STRUTS, SHUFFLE BACK, ROCK BACK/FORWARD

1-2-3-4 Step back on ball of left, drop heel, step back on ball of right, drop heel
5&6-7-8 Shuffle back left, right, left, rock/step back on right, rock forward on left

SHUFFLE FORWARD, ROCK FORWARD/BACK, BACK STRUT, COASTER

1&2-3-4 Shuffle forward right, left, right, rock/step left forward, rock back on right
5-6-7&8 Step back on ball of left, drop left heel, step right back, step left beside right, step right forward

POINT, STEP, POINT, STEP, SIDE, BEHIND, QUARTER/SHUFFLE FORWARD

1-2-3-4 Point left toe to side, step left forward, point right toe to side, step right forward
5-6-7&8 Step left to side, step right behind left, turn $\frac{1}{4}$ left and shuffle forward left, right, left

ROCK FORWARD/BACK, HALF-TURN, ROCK FORWARD/BACK, FORWARD/BACK

1-2-3&4 Rock/step forward on right, rock back on left, turn $\frac{1}{2}$ right stepping right, left, right
5-6-7-8 Rock/step forward on left, rock back on right, rock/step forward on left, rock back on right

REPEAT
