

Walkin' Backwards (P)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Partner
編舞者: Rick Bates (USA) & Deborah Bates (USA)
音樂: Walking Backwards - Brandon Sandefur



Position: Closed Position. Man facing LOD and Lady facing RLOD. Partners on opposite footwork

MAN:

WALK, WALK, FORWARD SHUFFLE, FORWARD STEP, TURNING STEP, TURNING TRIPLE STEP

1-2 Step forward on right foot; step forward on left foot

3&4 Shuffle forward (right, left, right)

Raise man's left hand and lady's right. Lady turns under upraised joined hands

5-6 Step forward on left foot; step forward on right foot making a ¼ turn to the right

7&8 Triple step in place (left, right, left) making a ¼ turn to the right with these steps

Partners switched places now in the reverse closed position. Man facing RLOD and lady facing LOD

WALK, WALK, SHUFFLE, WALK, TURNING STEP, TURNING TRIPLE STEP

9-10 Step back on right foot; step back on left foot

11&12 Shuffle back (right, left, right)

Raise man's left hand and lady's right. Lady walks under upraised joined hands

13-14 Step back on left foot; step back on right foot making a ¼ turn to the right

Man takes up lady's left hand in his right as she walks past him

15&16 Triple step in place (left, right, left) making a ¼ turn to the right with these steps

Partners now in the left side-by-side position facing LOD

SIDE, TOGETHER, SIDE SHUFFLE, CROSS ROCK STEP, TURNING TRIPLE STEP

Release man's right hand and lady's left. Lady turns under upraised joined hands

17-18 Step to the right on right foot; step left foot next to right

Partners now facing LOD in the left open promenade position, holding inside hands (man's left and lady's right)

19&20 Side shuffle to the right (right, left, right)

21-22 Cross left foot over right and step; rock back onto right foot in place

23&24 Triple step to the left (left, right, left) making a ¼ turn to the left on these steps

Man takes up lady's left hand in his right. Partners now in the double hand hold position. Man facing OLOD and lady facing ILOD

FULL TO THE RIGHT ROLLING TURN, TURNING SHUFFLE, STATIONARY STEPS, FORWARD SHUFFLE

Release hands

25-26 Step to the right on right foot and begin a full rolling turn to the right traveling toward lod; step on left foot and complete full rolling turn to the right

Rejoin man's left hand and lady's right. Man facing OLOD and lady facing ILOD

27&28 Side shuffle to the right (right, left, right) making ¼ turn to the right on these steps

Partners now facing LOD in the left open promenade position, holding inside hands (man's left and lady's right). Raise man's left hand and lady's right. Lady turns under upraised joined hands

29-30 Step in place on left foot; step in place on right foot

Partners return to the closed position. Man facing LOD and lady facing RLOD

31&32 Shuffle forward (left, right, left)

REPEAT

LADY:

WALK, WALK, SHUFFLE, BACK STEP, TURNING STEP, TURNING TRIPLE STEP

1-2 Step back on left foot; step back on right foot

3&4 Shuffle back (left, right, left)

Raise man's left hand and lady's right. Lady turns under upraised joined hands

5-6 Step back on right foot; step back on left foot making a ¼ turn to the left

7&8 Tripe step in place (right, left, right) making a ¼ turn to the left with these steps

Partners switched places now in the reverse closed position. Man facing RLOD and lady facing LOD

WALK, WALK, FORWARD SHUFFLE, WALK, WALK, FORWARD SHUFFLE

9-10 Step forward on left foot; step forward on right foot

11&12 Shuffle forward (left, right, left)

Raise man's left hand and lady's right. Lady walks under upraised joined hands

13-14 Step forward on right foot; step forward on left foot

Man takes up lady's left hand in his right as she walks past him

15&16 Shuffle forward (right, left, right) making a ¼ turn to the right with these steps

Partners now in the left side-by-side position facing LOD

FULL TURN TO THE LEFT, SIDE SHUFFLE, CROSS ROCK STEP TURNING TRIPLE STEP

Release man's right hand and lady's left. Lady turns under upraised joined hands

17-18 Step to the left on left foot and begin a full turn to the left traveling to the left; step on right foot and complete full turn to the left

Partners now facing LOD in the left open promenade position, holding inside hands (man's left and lady's right)

19&20 Side shuffle to the left (left, right, left)

21-22 Cross right foot over left and step; rock back onto left foot in place

23&24 Triple step to the right (right, left, right) making a ¼ turn to the right on these steps

Man takes up lady's left hand in his right. Partners now in the double hand hold position. Man facing OLOD and lady facing ILOD

FULL ROLLING TURN TO THE LEFT, TURNING SHUFFLE, ROLLING TURN TO THE LEFT, SHUFFLE

Release hands

25-26 Step to the left on left foot and begin a full rolling turn to the left traveling toward LOD; step on right foot and complete full rolling turn to the left

Rejoin man's left hand and lady's right. Man facing OLOD and lady facing ILOD

27&28 Side shuffle to the left (left, right, left) making a ¼ turn to the left on these steps

Partners now facing LOD in the left open promenade position, holding inside hands (man's left and lady's right). Raise man's left hand and lady's right. Lady turns under upraised joined hands

29-30 Step forward on right foot and begin a ½ rolling turn to the left traveling toward LOD; step on left foot and complete ½ rolling turn to the left

Partners return to the closed position. Man facing LOD and lady facing RLOD

31&32 Shuffle back (right, left, right)

REPEAT
