

Walkabout

COPPER KNOB
BY STEPHEN BRETZ

拍數: 32 牆數: 2 級數: Intermediate/Advanced
編舞者: Terry Hogan (AUS)
音樂: Even If I Tried - Emilio



1-2 Touch right toe to right side with right knee turned inward (exaggerated move), touch right toe diagonally forward
3&4 Kick right forward (3), step back on ball of right foot (&), cross left foot over right foot (4)
5&6 Kick right forward (5), step back on ball of right foot (&), cross left foot over right foot (6)
7-8 Step to right side on right foot, touch ball of left foot next to right foot

&1&2 Step to left side with left, touch right next to left, step to right side with right, touch left next to right

3&4 Left shuffle to left-left, right, left

5 Making a ½ turn left on ball of left foot step right foot to the side

6 Making a ½ turn left on ball of right foot stepping left foot to the side

These turns both travel to the left of the starting position.

7-8 Step right foot to right side, touch left next to right

&1&2 Step to left side with left, touch right next to left, step to right with right, touch left to right

3&4 Left shuffle to left making ¼ turn left on count 4 (left, right, left)

5-8 Rock step forward with right, step in place with left, step forward with right, hold

1 Bend right knee taking weight forward over right foot while lifting left foot behind the right

This move is an exaggerated lunge, although there is no forward foot movement, the body moves forward and the right leg is then used to push the body backward for the next step.

2&3-4 Left shuffle back (left, right, left), step forward onto right foot (4)

5 Step to the side on left foot making ¼ turn left

6 On ball of left foot make ½ turn left stepping forward on right foot

7 On ball of right foot make ½ turn left stepping forward on left foot

These three steps are basically walking steps in a tight circle to the left, and the foot position at the completion of step 7 should have the left foot forward and the right foot to the rear of the left foot and crossed behind it.

8 Bring the right foot from behind to the right side of the left foot, tracing ¼ circle to the left (ronde') with the right toe to finish with feet in starting position.

REPEAT