Walk This Way

拍數: 64

編舞者: Mike Sliter (USA)

音樂: Walk The Way The Wind Blows - Kathy Mattea

WALK, POINT, ¼ TURN

- 1-4 Walk forward right, left, right; touch left toe next to right foot
- 5-6 Point left toe to left side; touch left toe next to right foot
- 7-8 Point left toe to left side (keep weight on right); swivel both feet ¹/₄ turn left (end with weight on left)

WALK, POINT, SIDE SHUFFLE

- 1-4 Walk forward right, left, right; touch left toe next to right foot
- 5-7 Point left toe to left side; touch left toe next to right foot
- 7&8 Side shuffle to the left (left-together-left)

ROCK STEP, SYNCOPATED VINE; ROCK STEP

- 1-2 Rock back onto right; rock forward onto left
- 3-4 Step right to the right side; cross left behind right
- &5-6 Step back on right and cross left across right; step right to the side
- 7-8 Rock back onto left; rock forward onto right

1/4 TURN, STEP & TAP

- 1-2 Step forward on left; pivot ¼ to the right
- 3-4 Step forward on left; tap right toe behind left
- 5-6 Step back on right; tap left toe across right
- 7-8 Step forward on left; tap right toe behind left

1/2 REVERSE TURN, STEP & TAP

- 1-2 Step back on right; turn ½ to the left
- 3-4 Step forward on right; tap left toe behind right
- 5-6 Step back on left; tap right toe across left
- 7-8 Tap right toe forward; touch right to the right side

STEP & TOUCH; ¼ TURN & TOUCH, ¼ TURN & TOUCH, ¼ TURN & STEP

- 1-2 Step right to the right side; touch left next to right
- 3-4 Step left into ¼ turn to the left; touch right next to left
- 5-6 Step right forward into ¼ turn left; touch left next to right
- 7-8 Step left into ¼ turn to the left; touch right next to left

SHUFFLES; ½ RIGHT TURN, WALK STEPS

- 1&2 Shuffle forward (right-together-right)
- 3&4 Shuffle forward (left-together-left)
- 5-6 Rock forward on right; rock back onto left while making ¹/₂ turn to the right
- 7-8 Walk forward right, left

SHUFFLES, ½ LEFT TURN, STOMPS

- 1&2 Shuffle forward (right-together-right)
- 3&4 Shuffle forward (left-together-left)
- 5-6 Step forward on right; pivot ½ turn to the left
- 7-8 Stomp right next to left; stomp left next to right





級數:

牆數:4

REPEAT

RESTART

After completing two full walls of the dance, do the first 24-counts. Make count 24 a touch instead of a rock forward, and then restart the dance from the top.