

Walk The Dinosaur

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate / Advanced
編舞者: Rachael McEnaney (USA)
音樂: Walk The Dinosaur - The Bunch



SLIDE RIGHT, BEHIND, SIDE, CROSS, RIGHT ROCK AND CROSS, ¼ TURN LEFT, HITCH RIGHT KNEE, TOUCH RIGHT FOOT MAKING ¼ TURN LEFT

- 1-2 Push off left foot take a big step to right side on right foot, slide left foot towards right but not together
- 3&4 Cross left behind right, step right to right side, cross left over right
- 5&6 Rock right out to right side, replace weight onto left, cross right over left
- 7&8 Step left to left side making ¼ turn left, hitch right knee, make ¼ turn left touching right toe to right side

BEHIND, SIDE, CROSS, LEFT ROCK AND CROSS, RIGHT SIDE, LEFT BEHIND, HEEL JACK

- 9&10 Cross right behind left, step left to left side, cross right over left
- 11&12 Rock left to left side, replace weight onto right, cross left over right
- 13-14 Step right to right side, cross left behind right
- &15 Step right to right side, touch left heel to left diagonal
- &16 Step left foot in place, touch right toe next to left

WALK RIGHT, LEFT, MAMBO ½ TURN, LEFT KICK, STEP, RIGHT KICK, STEP, LEFT KICK SIDE, LEFT HITCH, LEFT STOMP

- 17-18 Walk forward right, left
- 19&20 Step forward on right, pivot ½ turn left transferring weight to left, step forward on right
- 21& Kick left forward, step left in place
- 22& Kick right forward, step right in place
- 23&24 Kick left foot out to left side, hitch left knee, stomp left next to right

RIGHT COASTER STEP, ¼ RIGHT INTO LEFT GRAPEVINE WITH ARM STYLING, LEFT ROCK REPLACE, LEFT BEHIND, SIDE, CROSS

- 25&26 Step back on right, step left next to right, step forward on right
- 27-28 Make ¼ right as you step left foot to left side, cross right behind left

Arms

- 27 With palms flat facing sides, cross arms in front of face & take both arms out to either side of head elbows still bent
- 28 Both arms go down to sides in a chopping action, keep elbows bent
- 29-30 Rock left to left side, replace weight onto right
- 31&32 Cross left behind right, step right to right side, cross left over right

STEP RIGHT, HIP BUMP, ½ TURN LEFT STEPPING LEFT, RIGHT. STEP BACK LEFT WITH ¼ TURN LEFT, HIP BUMP, STEP LEFT CROSS RIGHT BEHIND

- 33-34 Step right to right side, bump hips to right
- 35-36 Make ¼ turn left stepping left foot forward, make ¼ turn left stepping right to right side
- 37-38 Make ¼ turn left stepping back on left foot, bump hips to left

Counts 35-36 are a ¾ turn traveling towards 12:00

- 39&40 Step forward on right foot. Step forward on left, touch right toe behind left

UNWIND ¾ TURN RIGHT, STEP FORWARD LEFT, RIGHT COASTER STEP FORWARD, STEP BACK, RIGHT TOUCH, ¼ TURN RIGHT, TOUCH RIGHT (WITH ARMS)

- 41-42 Unwind ¾ turn to the right as you step weight onto right foot. Step forward on left

43&44 Step forward on right, step left next to right, step back on right

45-46 Step back on left, touch right toe back

Arms

46 Push both arms straight forward, palms facing forward

47-48 Make ¼ turn right leaving weight on left foot, touch right toe behind left

Arms

47 Both arms out to sides, keeping them straight palms facing out

48 Right arm remaining straight goes across to left so both palms are now facing left. Feels cool if you look to the left on this count also

REPEAT
