Walk Like A Man

拍數: 32

級數: Intermediate / Advanced

編舞者: Glen Pospieszny (USA)

音樂: Walk Like a Man - Mary Jane Girls

OFF TO SEE THE WIZARDS, BACK LEFT, RIGHT FORWARD, ½ TURN LEFT, ½ TURN LEFT, TOUCH LEFT TOE TO FRONT

- 1-2&3-4 Right forward on angle to right, left behind right, step right foot down, left forward on angle to left, step right foot behind left
- &5-6-7-8 Step left back, step right forward, 1/2 turn left, 1/2 turn left, touch left toe to front

SCUFF HITCH STEP, SWIVEL HEELS LEFT-RIGHT-LEFT, RIGHT COASTER STEP, POINT HEEL SWIVEL

- 1&2 Scuff left foot, hitch left foot, step down on left foot
- 3&4 Swivel heels left, right, left, as you make a ¹/₂ turn to right
- 5&6 Right lead coaster step back
- 7-8 Point left toe to front, hold

RIGHT ROCK AND CROSS, LEFT ROCK AND CROSS, TRIPLE TO THE RIGHT (RIGHT-LEFT-RIGHT), TOUCH LEFT TOE BACK, ½ TURN LEFT

- 1&2 Rock right foot to right side, recover on left, cross right over left
- Rock left foot to left side, recover on right, cross left over right 3&4
- 5&6 Step right to right side, step left next right, step right to right side
- 7-8 Touch left toe behind right, 1/2 turn left

STEP RIGHT TO RIGHT, LEFT BEHIND, STEP RIGHT WITH A ¼ TURN TO RIGHT, STEP BACK LEFT WITH A ½ TURN TO RIGHT, WALK FORWARD RIGHT, LEFT, RIGHT, LEFT

- Step right to right side, step left behind right 1-2
- 3-4 Step right making a 1/4 turn to right, 1/2 turn to right as you step back on left
- 5-8 Walk forward right, left, right, left

You can get a funkier look if you pop the knee out of the leg opposite from the one you are stepping on

REPEAT





牆數:4