Walk Away



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Deborah L. Daniels (USA)

音樂: Ashes By Now - Lee Ann Womack



KICK BALL CHANGES, SAILOR SHUFFLES

1&2 Kick right foot forward, step on ball of right foot, quickly change weight to left foot 3&4 Kick right foot forward, step on ball of right foot, quickly change weight to left foot

5&6 With the body facing slightly right, step the right foot behind the left foot, rock to the left side

with the ball of the left foot, and step slightly forward with the right foot

7&8 With the body facing slightly left, step the left foot behind the right foot, rock to the right side

with the ball of the right foot, and step slightly forward with the left foot

ROCK STEP, COASTER STEP, STEP & TURN, SHUFFLE

1 Rock forward on the right forward2 Recover weight on the left foot

3&4 Coaster step - step back with the right foot, step together with the left foot, step forward with

the right foot

5 Step forward with the left foot

6 Pivot ½ turn to the right taking weight on the right foot

7&8 Shuffle left, right, left

KICK BALL CHANGES, SAILOR SHUFFLES

1&2 Kick right foot forward, step on ball of right foot, quickly change weight to left foot
 3&4 Kick right foot forward, step on ball of right foot, quickly change weight to left foot
 5&6 With the body facing slightly right, step the right foot behind the left foot, rock to the left side

with the ball of the left foot, and step slightly forward with the right foot
With the body facing slightly left, step the left foot behind the right foot, rock to the right side

with the ball of the right foot, and step slightly forward with the left foot

ROCK STEP, COASTER STEP, STEP & TURN, SHUFFLE

1 Rock forward on the right foot 2 Recover weight on the left foot

3&4 Coaster step - step back with the right foot, step together with the left foot, step forward with

the right foot

5 Step forward with the left foot

6 Pivot ½ turn to the right taking weight on the right foot

7&8 Shuffle left, right, left

TOE HEEL STRUTS

7&8

1-2 Right toe forward, lower right heel
3-4 Left toe forward, lower left heel
5-6 Right toe forward, lower right heel
7-8 Left toe forward, lower left heel

RIGHT JAZZ BOX, 1/4 TURN, MONTEREY TURN

1-2	Cross right for	ot over left, step	hack on the	left foot
1-4	CIUSS HUIL IU	א טעבו ובונ, אנבט	Dack on the	ICIL IOOL

3-4 Step right foot to right side making a ¼ turn right, step left foot beside right foot taking weight

on the left foot

5-6 Touch right toe out to right side, pivot ½ turn right stepping right next to left

7-8 Touch left toe out to left side, step left foot beside right

HEEL SWIVELS

1-2	Swivel heels together to the right, swivel toes together to the	riaht -

3&4 Swivel to the right together - heels, toes, heels

5-6 Swivel heels together to the left, swivel toes together to the left

7&8 Swivel to the left together - heels, toes, heels

LOCK STEP, SHUFFLE, STEP & TURN, SHUFFLE

1 Step forward on the right foot

2 Slide the left foot forward and lock behind the right foot

3&4 Shuffle forward - right, left right5 Step forward on the left foot

6 Pivot ½ turn to the right taking weight on the right foot

7&8 Shuffle forward - left, right, left

REPEAT