

Wake Up Call

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Donna Marie Bilodeau (USA)
音樂: How Do You Like Me Now?! - Toby Keith



HEEL JACK, STEP SLIDE RIGHT; HEEL JACK, STEP SLIDE LEFT

- &1 Step right foot back, touch left heel forward
- &2 Step left foot in place, touch right toe next to left
- 3 Big step to right side
- 4 Slide left foot next to right
- &5 Step left foot back, touch right heel forward
- &6 Step right foot in place, touch left toe next to right
- 7 Big step to left side
- 8 Slide right foot next to left

TOUCH RIGHT, TOUCH BACK, SIT BACK, UP, FORWARD, AND UP; TOUCH LEFT, TOUCH FORWARD, STEP ¼ LEFT, TOUCH RIGHT

- 1 Touch right toe to right side
- 2 Touch right toe in back
- 3 Bend knees sit back placing weight on right foot
- & Straighten up placing weight on left foot
- 4 Lean back placing weight on right foot
- 5 Touch left toe to left side
- 6 Touch left toe in front
- 7 Step turn ¼ left
- 8 Touch right toe next to left

HEEL JACK RIGHT, HEEL JACK LEFT, CROSS RIGHT OVER LEFT UNWIND HALF TURN

- &1 Step right foot back, touch left heel forward
- &2 Step left foot in place, step right foot next to left
- &3 Step left foot back, touch right heel forward
- &4 Step right foot in place, step left foot next to right
- 5 Cross right foot over left
- 6 Hold
- 7 With weight on balls of feet turn ¼ turn left
- 8 With weight on balls of feet turn ¼ turn left

RIGHT HEEL, TOE, /HOP BACK, TOUCH; REPEAT LEFT

- 1 Touch right heel forward
- 2 Touch right toe in place
- &3 Hop back on right foot, touch left toe next to right foot
- 4 Clap with a hold
- 5 Touch left heel forward
- 6 Touch left toe in place
- &7 Hop forward on left foot, touch right toe next to left foot
- 8 Clap with a hold

REPEAT