

Wait A Minute

拍數: 32 牆數: 4 級數: Improver west coast swing
編舞者: Helen Born (USA) & Nita Lindley (USA)
音樂: Wait a Minute - The Cherry Bombs



WALK FORWARD KICK, WALK BACK KICK

1-4 Walk forward right, left, right, kick left forward
5-8 Step back on left, right, left, step right next to left

FAN RIGHT, FAN LEFT, HEEL, TOE

1-4 Fan right toe out, in, fan left toe out, in
5-8 Touch right heel forward, step together, touch left toe back, step together

RIGHT GRAPEVINE WITH HITCH & SLAP, LEFT GRAPEVINE ¼ TURN HITCH

1-4 Step right to right, step left behind right, step right, hitch left behind right slap heel
5-8 Step left to left, step right behind left, step left ¼ turn left, hitch right (right knee up)

ROLLING RIGHT GRAPEVINE ½ TURN WITH HITCH, LEFT GRAPEVINE

1-4 Step right to right, step left behind right, turn ½ right, hitching left knee up
5-8 Step left to left, step right behind left, step left, touch right next to left

REPEAT
