Wade In The Water

級數: Beginner

編舞者: Robert Rice (USA)

拍數: 32

音樂: Wade In the Water - Eva Cassidy

HIP-ROLLING WALK FORWARD WITH SLAPS

1-8 Four steps forward turning out hip and knee: right hold, left hold, right hold, left hold With slaps to hip bones (front pocket area) on 2, 4, 6, 8 (the "holds")

SIDE CROSS SIDE & LIFTS WITH ¼ TURN

- 9-12 Step right side, left crosses in front of right, right steps side, lift left foot, leaning back at a diagonal towards right, away from lifting foot
- 13-16 Step left side; right crosses in front of left; turn 1/4 to right, stepping back onto left (facing 3:00); lift right foot, leaning back at a diagonal towards left, away from lifting foot

STRUTS WITH CLICKS

17-24 Strut forward toe-heel right-left-right-left

Clicking fingers on 18, 20, 22, 24 (the "heels")

3 SIDE CROSSES WITH ½ TURN

- Step right to right side, cross left in front of right, repeat for total of 3x 25-30
- 31-32 1/2 turn right stepping with right foot (pivoting on right foot); step left foot beside right

REPEAT





牆數: 4