

Wade In

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jan Yates
音樂: Wade In the Water - Eva Cassidy



TOE HEEL STRUTS

1-2 Step forward on right toe, place weight on heel
3-4 Step forward on left toe, place weight on heel
5-6 Repeat steps 1-2
7-8 Repeat steps 3-4

GRAPEVINE RIGHT ½ TURN LEFT SCUFF

1-4 Step right to right side, step left behind right, step right making ¼ turn, ¼ turn scuffing left
5&6 Chasse left side (left-right-left)
7-8 Rock back on right, replace weight on left

RIGHT, LEFT SHUFFLES FORWARD, JAZZ BOX

1&2 Shuffle forward right-left-right
3&4 Shuffle forward left-right-left
5-8 Jazz box right over left

JUMP OUT RIGHT, LEFT, KNEE POP & HIPS

&1 Step right to right side, left to left side
2 Hold for count 2
3 Knee pop right knee into left thigh
4 Hold for count 4
5-8 Hip bumps right-left-right-left

REPEAT
