

Volare

拍數: 58 牆數: 4 級數: Intermediate
編舞者: Kate Sala (UK) & Chris Hodgson (UK)
音樂: Volare - The Gypsy Kings



TOUCH-BALL-CROSS, SIDE ROCK, BEHIND-SIDE-CROSS, SIDE ROCK

1&2 Touch right toe next to left, step down on right, cross left over right
3-4 Step right to right side, rock weight onto left
5&6 Cross right behind left, step left to left side, cross right over in front of left
7-8 Step left to left side, rock weight onto right

FULL TRIPLE TURN, BACK ROCK, LOCK STEP FORWARD, MAMBO STEP

1&2 Full triple turn right on the spot stepping on left-right-left (alt: triple step on spot)
3-4 Step back on right, rock weight forward onto left
5&6 Step forward on right, lock left behind right, step forward on right
7&8 Step forward on left, rock weight back onto right, step back on left

WALK BACK TWICE, COASTER STEP, STEP-¼ TURN TWICE (WITH HIPS)

1-2 Step back on right, step back on left
3&4 Step back on right, step left next to right, step forward on right
To restart here on wall 3 (6:00) and wall 6 (12:00), add an & count to step left next to right and begin dance from beginning
5-6 Step forward on left, pivot ¼ turn right (using your hips)
7-8 Step forward on left, pivot ¼ turn right (using your hips)

CROSS SHUFFLE, SIDE-ROCK-CROSS TWICE, STEP-TAP

1&2 Cross left over right, step right to right side, cross left over right
3&4 Step right to right side, rock weight onto left, cross right over left
5&6 Step left to left side, rock weight onto right, cross left over right
7-8 Step forward on right, tap left behind right heel

BEHIND-STEP FORWARD, SWEEP-CROSS, DIAGONAL BACK TWICE, CROSS-BACK-FORWARD

&1 Step on ball of left behind right, step forward on right
2-3 Sweep left round from back to front, cross step left over right
4-5 Step right diagonally back right, step left diagonally back left
6-8 Cross step right over left, step left diagonally back left, step forward on right

ROCK STEP, ¾ TRIPLE TURN, ROCK STEP, TRIPLE FULL TURN

1-2 Step forward on left, rock back on to right
3&4 Triple ¾ turn left on the spot on left-right-left (facing 9:00)
5-6 Step forward on right, rock back on to left
7&8 Triple full turn right on the spot on right-left-right (alternate: triple step on spot)

CROSS-SIDE, 2X SAILOR STEPS, TOGETHER-SIDE-HOLD, TOGETHER-POINT SIDE-HOLD

1-2 Cross step left over right, step right to right side
3&4 Cross left behind right, step right to right side, step left to left side
5&6 Cross right behind left, step left to left side, step right to right side
&7-8 Step left next to right, step right to right side, hold
&9-10 Step left next to right, point right out to right side, hold

REPEAT

RESTART

On walls 3 and 6, after count 20, add an & count to step left next to right and begin dance from beginning
