

The Voice

拍數: 0 牆數: 1 級數: Intermediate
編舞者: John "Growler" Rowell (UK)
音樂: You're the Voice - John Farnham



Sequence: AB, AB, and so on

SECTION A

KICK-BALL-CROSS, KICK-BALL-CROSS, ROCK-RECOVER, ½ TURN SAILOR

1&2 Kick right forward, step on right in place, cross left over right
3&4 Kick right forward, step on right in place, cross left over right
5-6 Rock forward on right, recover on left
7&8 Sweep right ½ turn right, stepping on right step left next to right, step right in place (to the right, 6:00)

STEP & PIVOT, ½ PIVOT-TOGETHER, BACK LOCK STEP, COASTER STEP, STEP-½ PIVOT

1& Step left forward, pivot ½ turn right (12:00)
2 On ball of right pivot ½ turn right, stepping left next to right (6:00)
3&4 Step back right, lock left over front of right, step back right
5&6 Step back left, step right next to left, step forward left
7-8 Step right forward, pivot ½ turn left (12:00)

STEP-¼ PIVOT, WEAVE LEFT, CROSS ROCK-RECOVER, & CROSS & HEEL

1-2 Step right forward, pivot ¼ turn left (9:00)
3&4 Cross right in front of left, step left to left, cross right behind left
&5-6 Step left to left, cross rock right over left, recover on left
&7&8 Step right to right, cross left over right, step right to right, dig heft heel to left

& CROSS ROCK-RECOVER, & CROSS & HEEL, & CROSS-UNWIND, KICK-BALL-CROSS

1&2 Step left next to right, cross rock right over left, recover on left
&3&4 Step right to right, cross left over right, step right to right, dig heft heel to left
&5-6 Step left next to right, cross right over front of left, unwind ½ turn left (3:00)
7&8 Kick right forward, step on right in place, cross left over right

POINT-CROSS, COASTER STEP, POINT-CROSS, COASTER STEP

1-2 Point right to right, cross right over front of left, stepping on ball of foot (do not drop heel)
3&4 Step back left, step right next to left, step forward left
5-6 Point right to right, cross right over front of left, stepping on ball of foot (do not drop heel)
7&8 Step back left, step right next to left, step forward left

MAMBO STEP, TRIPLE-½-TURN, KICK & POINT, KICK & POINT

1&2 Rock forward on right, recover on left, step back on right
3&4 Step back left, step right ¼ turn right, ¼ turn right stepping left forward (9:00)
5&6 Kick right forward, step right in place, tap left to left
7&8 Kick left forward, step left in place, tap right to right

SAILOR-STEP, ½-TURN-SAILOR, STEP-LOCK-STEP, CROSS-UNWIND

1&2 Step right behind left, step left in place, step right to right
3&4 Sweep left ½ turn left, stepping on left step right next to left, step left in place (3:00)
5&6 Step right forward, lock left behind right, step right forward
7-8 Cross left over front of right, unwind three ¼ turn right (12:00)

SIDE SHUFFLE, CROSS-UNWIND, ROCK-FORWARD, & SIDE, & BEHIND-SIDE-FRONT

- 1&2 Step left to left, step right next to left, step left to left
3-4 Cross right in front of left, unwind full turn left
5&6& Rock forward on right, recover on left, rock right to right, recover on left
7&8 Step right behind left, step left to left, cross right in front of left

Omit counts 9 - 12 on the very first Section A only

STEP-½ PIVOT, STEP-½ PIVOT

- 9-12 Step left forward, pivot ½ turn right, step left forward, pivot ½ turn right

SECTION B

WEAVE-RIGHT, CROSS-SHUFFLE, SCISSOR-STEP, ¼-TURN-SHUFFLE

- & Sweep left from back to front
1&2 Step left across front of right, step right to right, step left behind right
&3&4 Step right to right, step left across right, step right to right, step left across right
5&6 Step right to right, step left next to right, step right across front of left
7&8 Step left to left, step right next to left, step left ¼ turn left (9:00)

ROCK-RECOVER, COASTER-STEP, ROCK-RECOVER, COASTER-THREE-¼-TURN

- 1-2 Rock forward on right, recover on left
3&4 Step back right, step left next to right, step forward right
5-6 Rock forward on left, recover on right
7& Step left ¼ turn left. pivot ¼ turn left on left stepping right forward (3:00)
8 Pivot ¼ turn left on right stepping left forward (12:00)

WEAVE-LEFT, CROSS-SHUFFLE, SCISSOR-STEP, ¼-TURN-SHUFFLE

- & Sweep right from back to front
1&2 Step right across front of left, step left to left, step right behind left
&3&4 Step left to left, cross right over left, step left to left, cross right over left
5&6 Step left to left, step right next to left, cross left over right
7&8 Step right to right, step left next to right, step right ¼ turn right (3:00)

ROCK-RECOVER, COASTER-STEP, ROCK-RECOVER, STEP-BACK, ¼-TURN

- 1-2 Rock forward on left, recover on right
3&4 Step back left, step right next to left, step forward left
5-6 Rock forward on right, recover on left
7-8 Step back right, step left ¼ turn left (12:00)

OPTIONAL INTRODUCTION

All this section is "hesitation steps" - one movement followed by a hold for three counts. I.e. One movement every 4 beats

½ MONTEREY TURN

- 1-4 Tap right to right, hold for three counts (12:00)
5-8 Pivot ½ turn right stepping right next to left, hold for three counts (6:00)
9-12 Tap left to left, hold for three counts
13-16 Step left next to right, hold for three counts

½ MONTEREY TURN

- 1-4 Tap right to right, hold for three counts
5-8 Pivot ½ turn right stepping right next to left, hold for three counts (12:00)
9-12 Tap left to left, hold for three counts
13-16 Step left next to right, hold for three counts

STEP - ½ PIVOT, WALK RIGHT - LEFT

- 1-4 Step forward right, hold for three counts (12:00)
5-8 Pivot ½ turn left, hold for three counts (6:00)

9-12 Step forward right, hold for three counts
13-16 Step forward left, hold for three counts

STEP - ½ PIVOT, WALK RIGHT - LEFT

1-4 Step forward right, hold for three counts
5-8 Pivot ½ turn left, hold for three counts (12:00)
9-12 Step forward right, hold for three counts
13-16 Step forward left, hold for three counts
