

Voice Of My Heart

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Zandra Varnham (SCO)
音樂: What My Heart Wants to Say - Gareth Gates



It has a very long introduction, start when the music beat kicks in (the words are a love so tender)

CROSS ROCK, CHASSE, CROSS ROCK, CHASSE ¼ TURN

- 1 Cross rock left foot over right
- 2 Rock back on right foot
- 3&4 Step left to left side, step right to meet left, step left to left side
- 5 Cross rock right foot over left
- 6 Rock back onto left foot
- 7&8 Step right to right side, step left to meet right, step right to right side, while turning ¼ turn right

ROCK, COASTER, ROCK, COASTER, POINT

- 1 Rock forward on left
- 2 Rock back on right
- 3&4 Step back on left, step right next to left, step forward left
- 5 Rock forward right
- 6 Rock back on left
- 7&8 Step back on right, step left next to right, point right toe to right side

SWING, STEP, ROCK & CROSS, POINT & CROSS, HIP SWAYS

- 1 Swing right leg and turn body half turn (weight on left)
- 2 Step down on right
- 3&4 Rock left foot to left side, step down on right foot, cross step left over right
- 5&6 Point right toe to right side, step down on right, cross step left over right
- 7 Sway hips to the right
- 8 Sway hips to the left

SAILOR CROSS, HIP SWAYS, SAILOR CROSS, COASTER STEP

- 1&2 Step right behind left foot, step down on left foot, cross step right over left
- 3 Sway hips left
- 4 Sway hips right
- 5&6 Step left foot behind right, step down on right, cross step left over right
- 7&8 Step back on right, step left next to right, step forward on right

REPEAT
